



2017 SwimMAC vs ATOM Dual

Hosted by SwimMAC Carolina Saturday, November 4th, 2017

Held at SwimMAC Latin Training Center

9850 Providence Road, Charlotte, NC 28277

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC17176

MEET DIRECTOR Lisa Davis 704-577-5002 lhd2009@yahoo.com	MEET ENTRY COORDINATOR Sarah Holman 859-516-8107 sholman@swimmaccarolina.org
MEET REFEREE Craig Fisher 704-995-6014 cfisher36@carolina.rr.com	MEET MARSHAL Sarah Holman 859-516-8107 sholman@swimmaccarolina.org

FACILITY

The SwimMAC Swim Center is a 30,000 square foot facility featuring a 50-meter by 25 yard Paddock Pool racing tank. In the 25-yard competition pool, the pool depth ranges from 6 feet at the starting end to 12-feet at the far end of the pool with ten, 8-foot wide lanes. Paddock stainless steel starting platforms will be used for competition in accordance with the USA Swimming diving depth guidelines. There will be up to 12 additional lanes available for continuous warm up and warm down. The pool is equipped with Competitor 4" Racing Lanes and the facility also features a Colorado 5000 timing system and a 10-lane scoreboard. There is bleacher seating for 600 competitors and spectators. Hy-Tek Meet Manager software will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

MEET FORMAT

This is a dual, open timed final, pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	9:00 AM	10:00 AM	Open

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wednesday, October, 25 2017	6:00 PM	Entry deadline
Saturday, November 4, 2017	9:00 AM	Official briefing

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

ELIGIBILITY

SwimMAC and ATOM registered swimmers are eligible to compete. All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet. This is a by invitation meet.

SWIMMERS WITH DISABILITIES

SwimMAC Carolina welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Queen's ability to accommodate all requests.

ENTRIES Entries submitted in Hy-tek format are required; no hard copy entry forms. A swimmer's age on the first day of the meet will determine their age for the entire meet. Entries will be received until the four hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS Swimmers may participate in a maximum of 4 individual events for the day.

ENTRY VERIFICATION An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES

Make checks payable to: SwimMAC Carolina; All fees are non-refundable	
Individual Event	\$4.00 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$15.00 per swimmer
Late Entry Fee	\$8.00 per event (on deck entries only)

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order. **The meet will be swum in 8 lanes with SwimMAC in odd lanes and ATOM in even lanes.**

CHECK-IN None

SCRATCHES There will be no penalty for scratching pre-seeded events at the block.

SCORING 11-7-6-5-4-3-2-1. Maximum of 4 scorers per team.

AWARDS None

RESULTS Results will be emailed to coaches within 24 hours of the meets conclusion.

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. Coaches are accountable for all information presented in the coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/
CONCESSIONS**

will be provided for coaches. Food trucks will be on site for concessions if available that day.

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WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Mecklenburg Aquatic Club, Inc. (D/B/A SwimMAC Carolina), Charlotte Latin School, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Saturday, November 4th, 2017

Warm-up: 9:00 AM; Meet Start: 10:00 AM

Women	Event	Men
1	500 Freestyle	2
3	200 Freestyle	4
5	100 Backstroke	6
7	100 Breaststroke	8
9	200 Butterfly	10
11	50 Freestyle	12
	10 Minute Break	
13	100 Freestyle	14
15	200 Backstroke	16
17	200 Breaststroke	18
19	100 Butterfly	20
	10 Minute Break	
21	400 Individual Medley	22