



2017 Charlotte UltraSwim Meet

HOSTED BY SWIMMAC CAROLINA

June 1-4, 2017

HELD AT MECKLENBURG COUNTY AQUATIC CENTER "MCAC"
800 E M.L.K. Jr Blvd, Charlotte, NC 28202

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC17114 and Time Trial Sanction #NC17114TT

MEET DIRECTORS	MEET ENTRY COORDINATOR
Wendy Welch 704-575-0196 Gwelch2@carolina.rr.com and Karen Gerkin 704-578-3452 gerkink@gmail.com	Sarah Holman 859-516-8107 sholman@swimmaccarolina.org
MEET REFEREE	MEET MARSHALL
John Wilson 706-372-0524 jwilson@pjfweb.com	Joe Dichak dichaks@carolina.rr.com 704-351-2995

FACILITY

This pool is an indoor 8-lane 50-meter competition pool with minimum depth 6 ft at scoreboard end and 15 feet at deep end, non-turbulent lane lines, lane width 9 ft, separate 4-lane 25-yard warm-up pool, Colorado 5000 timing system and scoreboard, spacious locker rooms, and ample spectator seating. Astral starting blocks will be used for competition in accordance with the USA Swimming diving depth guidelines. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Smoking is not permitted inside the building. The facility has seating to accommodate 1000 spectators. There is ample parking within 100 yards of the facility. Absolutely no coolers or glass bottles will be allowed on the pool deck. No personal chairs will be allowed in the facility during the meet.

MEET FORMAT

This meet is an open meet for swimmers who have at least one Futures cut. This meet will be capped at 600 swimmers. The cap may be exceeded only at the discretion of the Meet Referee. The 1500 freestyle, the 800 freestyle and the 400 IM will be conducted as timed final events. All other events (except the 50's of each stroke) will be conducted on a preliminary and final basis with Bonus (C), Consolation (B), and Final (A) heats in that order. The 50's of each stroke will be swum in a shoot-out style with a preliminaries event, a top 16 round, a top 8 round, and a top 4 final.

Session	Day	Warm-up	Meet
1	Thursday PM	2:30PM	4:00PM
2	Friday AM	7:00AM	9:00AM
3	Friday Finals	4:00PM	5:30PM
4	Saturday AM	7:00AM	9:00AM
5	Saturday Finals	4:00PM	5:30PM
6	Sunday Distance	7:00AM	8:30AM
7	Sunday AM	10:00AM	11:00AM

DEADLINE AND MEETING SUMMARY:

Day	Time	For
Monday, May 22	12:00pm	Entry deadline
Thursday, June 1	2:00pm	Initial General Meeting
Thursday, June 1	15 minutes after conclusion of general meeting.	Positive check in for 1500/800 freestyle
Friday, June 2	30 minutes after start of finals on Thursday night	Positive check in for the 400 freestyle
Sunday, June 4	30 minutes after start of finals on Saturday night	Positive check in for 1500/800 freestyle
Sunday, June 4	30 minutes after start of finals on Saturday night	Positive check in for 400 IM

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

ELIGIBILITY

All swimmers must be currently registered members of USA Swimming (or other FINA membership) and have at least one Futures cut to be eligible for the meet. Swimmers may only swim individual events for which they have a Futures cut, plus two bonus individual events. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

SwimMAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC's ability to accommodate all requests.

ENTRIES

The OME system will be used for on-time entries, including relays. OME will open on Monday, April 24th at 12:00 PM Eastern. OME will close on Monday, May 22nd at 12:00 PM eastern. Coaches shall confirm OME entries are correct and complete prior to checking out. Only printed copies of original OME entries and rosters will be accepted as proof of administrative or system errors. All changes or entry corrections made after OME closes may be subject to double entry fees and a \$100 per team fine. No late entries or changes will be accepted after Monday, May 22nd at 12:00 PM eastern after which time a psych sheet may be published. If a time override is used to enter an individual event in OME, proof of time must be submitted in the scratch box prior to the time that event closes or the swimmer will not be seeded into the event in question. Proof of time consists of a SWIMS entry or copy of link to the final meet results from a USAS sanctioned, approved, or observed meet. Sanction number, date and location must be provided. Hy-Tek Team Manager results will NOT be accepted as proof. Prior to the deadline, proof of time may be emailed to the Entry Coordinator at sholman@swimmaccarolina.org or the Administrative Referee at OFFICIALS@SWIMMACCAROLINA.ORG. Each email will be acknowledged with a return email confirmation for receipt of proof. There will be no refunds once entries are accepted.

Swimmers qualifying in any individual event by having a Futures cut in that event are also eligible to enter up to two bonus events subject to both daily and meet limits. There are no qualifying standards for the bonus events. Swimmers should enter times for bonus events with any provable SCY or LCM time.

RELAY ENTRIES

Relay entry times are not required to be provable and may be overridden with aggregate or estimated times. Clubs may enter a maximum of three relays per event. If there are three entries, they will be designated A, B, and C respectively and in order of their seed time (fastest to slowest). Swimmers designated as 'relay only' in the OME may swim relays and time trials only.

All relay swimmers, including alternates, must be listed on the Meet Entry Form and must pay the \$3.00 NCS surcharge. All relay events will be swum as timed final events. Each Team will only be allowed 1 relay in the top 8 heat to be swum with finals. If all teams have been represented in finals and there are additional lanes open in the top 8, the next seeded "B" team will be placed into the finals heat. All other relays will be swum at the end of preliminary sessions. Relay cards are due to the Admin Referee at the beginning of prelims or finals of the session they will be swum. All relays will be swum slowest to fastest, all women, then all men.

DISTANCE EVENTS

The Thursday evening distance events will be swum with the fastest 24 swimmers based on entry times for the 800 freestyle swimming before the preliminaries of the 50m Shootout events and the fastest 24 swimmers based on entry times for the 1500 freestyle swimming before the Shootout round of 16 events. The remaining swimmers in the 800 freestyle and 1500 freestyle will swim after the shootout events.

SHOOTOUT EVENTS

The 50m distance of each respective stroke will be offered in a "Shootout" format. The preliminaries will swim Thursday evening, followed by the round of 16 at the end of that session. The round of 8 will be swum throughout the session on Friday evening finals, and the final round of 4 qualifiers will be swum at the end of Saturday night's finals session. Athletes will be circle seeded for all heats (the top 3 heats for preliminaries) and Lanes 3, 4, 5, and 6 will be used for the round of 4. In the event of a tie, a swimoff must be conducted prior to the next round of 50s being started.

ENTRY LIMITATIONS

Swimmers are limited to eight (8) individual events for the meet and no more than three (3) individual events per day. Each club may enter up to three relay teams per relay event. Please remember that only 1 relay team per team will be seeded in the top 8 heat swum with finals. Only the top 2 replays per team will score points.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the meet referee.

ENTRY FEES

Make checks payable to: SwimMAC; All fees are non-refundable	
Individual Event	\$5.00 per event
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$17.00 per swimmer
Relay Charge	\$10.00 per Relay
Late Entry Fee	\$8.00 per event

SEEDING

The conforming time standard for this meet is Long Course Meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

CHECK-IN

Positive check-in is required for all events over 400m. Swimmers who fail to check in for deck seeded events will be scratched from that event. Coaches will be notified upon arrival of the location of the Check-in.

SCRATCHES

Scratches and positive check-in for day 1 events are due to the Administrative Referee 15 minutes after the conclusion of the general meeting. All subsequent day's events scratches are due 30 minutes after the start of finals on the previous night.

There is no penalty for failing to compete in a preliminary or timed final event, except that any event in which a swimmer has not scratched prior to the appropriate deadline will be counted toward that swimmer's eight-event limit. A swimmer qualifying for an A, B, or C Final who fails to compete shall be barred from the remainder of the meet, unless excused by the Meet Referee.

SCORING

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
Only the top 2 relay teams per team will score points.

AWARDS

The following awards will be presented Sunday following the conclusion of the 100 Free finals.

- Team Awards will be presented to the top overall 3 clubs (combined Male & Female).
- Individual High Point Awards to the top 3 High Point Swimmers (male and female).
- Individual Distance Champion Award for the top combined score (points) in the Olympic Distance Freestyle event (men's 1500 and women's 800), the 400m free, 400M, and 200 Free (male and female).
- Individual Sprint Champion Award for the highest score in 50m and 100m events (scores from top 4 finishes will be included –male and female).
- Individual 18 & Under total scorers will be recognized (top 3 male and female).
- Individual Event top 3 finishers, along with the top 18 &U swimmer (if not included in the top 3) will be recognized immediately following each event. Swimmers will be required to have a Team warm up jacket or apparel for any awards ceremony.

RESULTS

Results will be posted on North Carolina Swimming's website within 24 hours of the meet's conclusion.

BREAKS

Additional breaks may be added to the meet format at the discretion of the Meet Referee. Break lengths may be modified at the discretion of the Meet Referee to manage the meet timeline.

TIME TRIALS

At the discretion of the Meet Referee, Time Trials may be offered at the conclusion of any session, or during a break between sessions. Swimmers requesting a time trial need to be entered in at least one individual or relay event in the meet in order to swim a time trial. Time trials are \$10.00 per swim. Time trials count towards a swimmer's individual event total for each day, but not the meet total. Athletes may need to provide their own lane timer and lap counter for time trial events. All USA Swimming rules will apply to Time Trials. Entry deadline for Time Trials shall be one hour after the beginning of the session. This time may be changed in the General Meeting depending on projected session time lines.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. Coaches are accountable for the information presented in the meeting(s).

OFFICIALS

There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer to contact Meet Management at OFFICIALS@SWIMMACCAROLINA.ORG prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with

USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area one hour prior to each session.

This meet has been designated as a USA Swimming Official Qualification Meet, certification and re-certification for all N2 and N3 positions. Regardless of the numbers of sessions required for certification/re-certification, an official will need to serve a minimum of four (4) sessions to be evaluated. Any official wishing to participate should contact the meet officials at OFFICIALS@SWIMMACCAROLINA.ORG. All requests for assigned positions will be based on evaluation requests and level of experience. Please see the USA Swimming website for additional information on National evaluation and certification requirements.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Full concessions will be available for the duration of the meet.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Management reserves the right to change warm-up times according to the number of athletes. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Mecklenburg Aquatic Club, Inc. (DBA SwimMAC Carolina), the Mecklenburg County Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Thursday June 1st, 2017
Session begins at 4:00 PM

Women	Event	Men
1	800 Freestyle Top 24	
	10 Minute Break*	
3	50 Butterfly Prelims	4
5	50 Backstroke Prelims	6
7	50 Breaststroke Prelims	8
9	50 Freestyle Prelims	10
	1500 Freestyle Top 24	2
	10 Minute Break*	
3	50 Butterfly Top 16	4
5	50 Backstroke Top 16	6
7	50 Breaststroke Top 16	8
9	50 Freestyle Top 16	10

1	800 Freestyle	
	1500 Freestyle	2

*The breaks are to allow swimmers in the shootout events an opportunity to warm-up in the competition pool.

Friday, June 2nd, 2017
Preliminaries begin at 9:00 AM

Women	Event	Men
11	100 Backstroke	12
13	200 Butterfly	14
15	100 Breaststroke	16
17	400 Freestyle	18
19	200 IM	20
	10 Minute Break	
21	400 Medley Relay	22

Friday, June 2nd, 2017
Finals begin at 5:30 PM

Women	Event	Men
21	400 Medley Relay (Top 8)	22
	10 Minute Break	
11	100 Backstroke	12
7	50 Breaststroke Top 8	8
13	200 Butterfly	14
9	50 Freestyle Top 8	10
15	100 Breaststroke	16
5	50 Backstroke Top 8	6
19	200 IM	20
3	50 Butterfly Top 8	4
17	400 Freestyle	18

Saturday, June 3rd, 2017
Preliminaries begin at 9:00 AM

Women	Event	Men
23	200 Freestyle	24
25	200 Breaststroke	26
27	100 Butterfly	28
29	200 Backstroke	30
	10 Minute Break	
31	400 Freestyle Relay	32

Saturday, June 3rd, 2017
Finals begin at 5:30 PM

Women	Event	Men
31	400 Freestyle Relay (Top 8)	32
	10 Minute Break	
23	200 Freestyle	24
25	200 Breaststroke	26
27	100 Butterfly	28
29	200 Backstroke	30
3	50 Butterfly Top 4	4
5	50 Backstroke Top 4	6
7	50 Breaststroke Top 4	8
9	50 Freestyle Top 4	10

Sunday, June 4th, 2017
Session begins at 8:30 AM

Women	Event	Men
33	1500 Freestyle	
	800 Freestyle	34

Sunday, June 4th, 2017
Session begins at 11:00 AM

Women	Event	Men
35	100 Freestyle Prelims	36
37	400 IM	38
	15 Minute Break*	
35	100 Freestyle Finals	36