

**ECA LCM Beach Invitational  
Morehead City, NC  
June 16-18, 2017**

**SANCTION:**

Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.  
**Sanction #NC17113**

**HOST:**

East Carolina Aquatics

**FACILITY:**

The Sports Center Outdoor Park is an eight-lane, 50-meter pool with non-turbulent lane markers and custom paragon starting blocks with a lane width of 6 feet. The water depth is 4' at both ends of the pool. Deck area is available for swimmer and spectator seating. We will be using a Colorado 6 timing system and touch pads with two back-up buttons. The competition course has not been certified in accordance with 104.2.2C(4).

**LOCATION:**

The Sports Center, 701 N. 35th Street, Morehead City, NC

**RULES:** This meet will be conducted in accordance with current USA Swimming Rules and Regulations, except where rules are optional and exceptions are herein stated. The North Carolina scratch rules will be in effect for all deck seeded events.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**ELIGIBILITY:**

All swimmers must be USA Swimming registered athletes. This is an invitation only meet. Teams wishing to be included in the meet must contact the meet director: [ecacoachcasey@gmail.com](mailto:ecacoachcasey@gmail.com) to request inclusion in the meet.

**ENTRIES:**

1. Entries shall be submitted electronically using Hy-Tek Team Manager.
2. Email entries to [ecacoachcasey@gmail.com](mailto:ecacoachcasey@gmail.com)
3. Show actual age of swimmer as of June 16, 2017
4. Enter METER times only.
5. There will be no "on deck" registration available at this meet.

6. Each swimmer may enter four individual events, plus one relay, per day. Depending on the number of entries received, meet management reserves the right to limit entries in all events 200 meters and over (with the exception of the 11-12 200 IM) to 13-14 BB standards to maintain the timeline according to the NCS 4-hour rule.

7. All 19&O athletes must have an "A" time in the event they wish to swim.

**ENTRY DEADLINE:**

Entries must be received no later than Tuesday, June 6, 2017. Late entries may be accepted at the discretion of the Meet Director. All entries received after June 6, 2017, will be considered late and will be charged double fees if accepted and may not be seeded. If the heat sheet has already gone to print, swimmers will only be entered late if there are open lanes. Entries will not be considered complete without full payment of all entry money. No telephone or fax entries will be accepted.

**ENTRY FEES:**

\$3.75 per individual event ; \$11.50 per relay event

\$3.00 NCS Travel Fee per swimmer, (including relay only swimmers)

\$12.00 Facility Surcharge per swimmer

Entry fees are non-refundable

Make checks payable to East Carolina Aquatics

**MAIL ENTRIES TO:**

East Carolina Aquatics

Beach Invitational

103 Prince Charles Court

Winterville, NC 28590

(252) 341-1044

ecacoachcasey@gmail.com

Please include entry fees and entry summary form.

**SEEDING:**

All events 200M and shorter will be pre-seeded. All individual events 400M and longer will be deck seeded. Positive check-in for deck-seeded events will close at the start of the session; the 1500 positive check-in will end at the end of SESSION #2. Swimmers who fail to check-in will be scratched from the event. Swimmers who have positively checked-in and do not swim will be disqualified from their next scheduled event.

**MEET STAFF:**

Meet Director – Casey Charles – ecacoachcasey@gmail.com

Meet Referee – Bob Landry - roblandry@suddenlink.net

Meet Marshal – Scott Pake – ecacoachscott@gmail.com

**AWARDS:** Individual Events: 1-8 Ribbons

**SCORING:** There will be no scoring for this meet.

**WARM-UPS:** See event schedule below.

**COACHES:**

Team packets will be available at the Clerk of Course. Coaches must present their current USA Swimming card to receive their packet and the certification card must be in a visible place while on the pool deck. Coaches meeting will be held at the Clerk of Course at 3:50pm on Friday, June 16 and as needed throughout the meet.

**OFFICIALS:**

We welcome all certified USA Swimming officials on deck.

An Officials meeting will be held near the starting area 45 minutes before the start of each session.

**CREDENTIALS:**

All coaches and officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

**LANE TIMERS:**

The host team will attempt to fill all timer positions, but may ask for volunteers from visiting teams to help provide relief.

Entrants in the 400M and above will need to provide their own timer and lap counter for this event.

**HOSPITALITY:**

Hospitality will be available for all officials, coaches, and meet volunteers.

**CONCESSIONS:**

A variety of food, drinks and snacks will be available for sale at the concession stand at the entrance to the pool.

**SAFETY:**

The NCS Safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated.

**RACING START:**

Any Swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:** ECA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meet. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit East Carolina Aquatics's ability to accommodate all requests.

**RELEASE:**

USA Swimming, Inc., North Carolina Swimming, Inc., East Carolina Aquatics, The Sports Center, Morehead City, NC, and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**Session #1 – Friday PM**

Warm-ups: 3:00 PM, Meet Starts: 3:45 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	Open 400 IM	2
3	10&U 200 IM	4
5	Open 400 FR	6

**Session #2 – Saturday AM – 11-12 Girls, Senior Timed Finals**

Warm-ups: 7 AM, Meet Starts: 8 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
7	Girls 11-12 200 Freestyle	
8	Senior 200 Freestyle	9
10	Gils 11-12 50 Breaststroke	
11	Senior 200 Breaststroke	12
13	Girls 11-12 100 Backstroke	
14	Senior 100 Backstroke	15
16	Girls 11-12 100 Butterfly	
17	Senior 200 Butterfly	18
19	Girls 11-12 50 Freestyle	
20	Senior 50 Freestyle	21
22	Girls 11-12 200 Medley Relay	
23	Senior 200 Medley Relay	24

**Session #3 – Saturday PM – 11-12 Boys, 10&U Timed Finals**

Warm-ups: Not before NOON; Meet Starts: 12:45 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
	Boys 11-12 200 Freestyle	25
26	10&U 200 Freestyle	27
	Boys 11-12 50 Breaststroke	28
29	10&U 50 Breaststroke	30
	Boys 11-12 100 Butterfly	31
32	10&U 100 Butterfly	33
	Boys 11-12 100 Backstroke	34
35	10&U 100 Backstroke	36
	Boys 11-12 50 Freestyle	76
77	10&U 50 Freestyle	78
	Boys 11-12 200 Medley Relay	37
38	10&U 200 Medley Relay	39

### Session #4 – Saturday PM – 1500 Timed Finals

Warm-ups: Not before 3:00 PM, Meet Starts: Not before 3:45 PM

40	Open 1500 Freestyle	41
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### Session #5 – Sunday AM – 11-12 Boys, Senior Timed Finals

Warm-ups: 7 AM, Meet Starts: 8 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
	11-12 100 Freestyle	42
43	Senior 100 Freestyle	44
	11-12 100 Breaststroke	45
46	Senior 100 Breaststroke	47
	11-12 50 Backstroke	48
49	Senior 200 Backstroke	50
	11-12 50 Butterfly	51
52	Senior 100 Butterfly	53
	11-12 200 IM	54
55	Senior 200 IM	56
	11-12 200 Freestyle Relay	57
58	Senior 200 Freestyle Relay	59

### Session #6 – Sunday PM – 11-12 Girls, 10&U Timed Finals

Warm-ups: Not before NOON

Meet Starts: Not before 12:45 PM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
60	Girls 11-12 100 Freestyle	
61	10&U 100 Freestyle	62
63	Girls 11-12 100 Breaststroke	
64	10&U 50 Backstroke	65
66	Girls 11-12 50 Backstroke	
67	10&U 100 Breaststroke	68
69	Girls 11-12 50 Butterfly	
70	10&U 50 Butterfly	71
72	Girls 11-12 200 IM	
73	10&U 200 Freestyle Relay	74
75	11-12 Girls 200 Freestyle Relay	