



30<sup>th</sup> Annual Furniture City Invitational

Hosted by High Point Swim Club

June 16-18, 2017

Held at High Point City Lake Park Pool 600 Main Street,  
Jamestown NC 27282

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Sanction #NC17100**

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
John Cameron 336.887.4772	John Cameron 336.887.4772 entries@highpointswimclub.org
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Brad Procton furnimp@msn.com	Aaron Reeves 336.887.4772

**FACILITY**

High Point City Lake Park Pool is an 8-lane, 50 meter competition course with WaveEater non-turbulent lane lines. Starting depths are 5 feet off permanently mounted Paragon starting blocks on both ends of the pool. The timing system is a Colorado System 6 timing system with touch pads and buttons with watches as back up. There is an 8-lane 25-yard warm-up, warm-down area adjacent to the competition course. A gym and spectator seating overlook the pool. There is plenty of deck space for swimmers, coaches, and officials. The park has picnic areas, a playground, miniature golf, train ride, carousel, and a water slide so bring the entire family.

The competition course has not been certified in accordance with 104.2.2C(4).

**MEET FORMAT**

This is a timed final OPEN meet, pre-seeded meet unless otherwise indicated.

All 200, 400 Events: 400 individual events will be deck seeded. 200 M events may be deck seeded at the discretion of meet management due to session length.

400 IM and Free

- May be limited to fastest male and female 16 seeded swimmers.
- Swum slowest to fastest unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	7:00 AM	8:00 AM	All
2	Friday	3:30 PM	4:30 PM	All
3	Saturday	7:00 AM	8:00 AM	All
4	Saturday	3:30 PM	4:30 PM	All

5	Sunday	8:00 AM	9:00 AM	All
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**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Tuesday, June 6 <sup>th</sup> , 2017	6:00 PM	Entry deadline
Friday, June 16 <sup>th</sup> , 2017	6:45 AM	Coaches/General Meeting
Daily	8:00 AM	Positive Check in for
Daily	30 minutes prior to each session	Official Briefings

**SAFETY** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

**RACING STARTS** Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES** This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.  
 Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.  
 Deck changes are prohibited.  
**Effective January 1, 2017** - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**ELIGIBILITY** All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

**SWIMMERS WITH DISABILITIES** **HIGH POINT SWIM CLUB** welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistant required and/or registered service animals. Failure to provide advance notice may limit **HIGH POINT SWIM CLUB's** ability to accommodate all requests.

**ENTRIES** Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. A completed and signed Entry Summary

Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. A swimmer's age on the first day of the meet will determine their age for the entire meet. HIGH POINT SWIM CLUB entries will be entered first and then accept teams/entries in the order received, until the four/eight hour rule is reached. Entries received thereafter will be returned immediately. **All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.**

**ENTRY LIMITATIONS** Swimmers may swim a maximum of 6 individual events plus 2 relays per day for the meet. Swimmers may enter a max of 4 events per session.

**ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** **The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted based on space and at the discretion of the Meet Entry Chairperson.**

**ENTRY FEES**

<b>Make checks payable to: HIGH POINT SWIM CLUB; All fees are non-refundable</b>	
Individual Event	\$4.00 per event; see NCS rules for any restrictions
Relays	\$12.00 per relay; see NCS rules for any restrictions
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$15.00 per swimmer, including relay only swimmers
Late Entry Fee	Double the IE and relay fees listed

**SEEDING** The conforming time standard for this meet is long course meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

**CHECK-IN** A positive check-in, located at timers hut near 100 start end of pool, will be required for the following events:

- 400 free & 400 IM
- 200s of stroke/IM may be deck seeded at the discretion of meet management due to session length.

Check in for event will be as stated in the Deadline and Meeting Summary. This is a courtesy check in to allow for better competition and reduce empty lanes. There is no penalty for not showing up to a positive check in event.

**SCRATCHES** There will be no penalty for scratching pre-seeded events at the block.

**SCORING** No team or individual scoring will be kept.

**AWARDS** Awards will be given for the fastest over all male and female swimmer in the 50 Free who competes in all three of those events. Friday morning, Saturday night and Sunday morning.

**RESULTS** During the meet results will be posted to Meet Mobile. Results will be posted on HIGH POINT SWIM CLUB's website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups

either on a memory stick or via email attachment.

#### **COACHES**

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

#### **OFFICIALS/TIMERS/ VOLUNTEERS**

There will be a need for officials. **HIGH POINT SWIM CLUB** welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. **Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.**

#### **HOSPITALITY/ CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

#### **WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. **There is to be no diving or horseplay in this area.**

#### **WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. **High Point Swim Club, High Point City lake Park and High Point Parks and Recreation, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet.** You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

# FURNITURE CITY INVITATIONAL

## Order of Events

Friday AM Timed Final  
Session  
Warm up at 7:00am Meet start  
8:00am

Girls	Event	Boys
101	100m Freestyle	102
103	200m Breaststroke	104
105	50m Freestyle	106
107	50m Backstroke	108
109	400m Individual Medley	110

Friday PM Timed Final Session Events  
Warm up 3:30pm Meet start 4:30pm

Girls	Event	Boys
211	100m Butterfly	212
213	200m Backstroke	214
215	50 Breaststroke	216
217	50m Butterfly	218
219	400m Freestyle Relay	220

Saturday AM Timed Final  
Session  
Warm up at 7:00am Meet start  
8:00am

Girls	Event	Boys
321	100m Breaststroke	322
323	50m Butterfly	324
325	50m Breaststroke	326
327	200m Medley Relay	328
329	400m Freestyle	330

Saturday PM Timed Final Session  
Warm up 3:30pm Meet start 4:30pm

Girls	Event	Boys
431	200m Butterfly	432
433	50m Freestyle	434
435	200m IM	436
437	50m Backstroke	438
439	400m Medley Relay	440

Sunday AM Timed Final  
Session  
Warm up at 7:00am Meet start  
8:00am

Girls	Event	Boys
541	100m Backstroke	542
543	200m Freestyle	544
545	50 Freestyle	546
547	200m Freestyle	548

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Summary of Fees/Release Form**

Complete and mail this form with entry fees to (checks payable to HIGH POINT SWIM CLUB):  
HIGH POINT SWIM CLUB  
ATTN: FCI Entries  
PO Box 5815  
High Point NC 27262  
Email to: [entries@highpointswimclub.org](mailto:entries@highpointswimclub.org)

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$4.00 per event	
Relay Entries		\$12.00 per relay	
Swimmers (Travel Fund & Facility Surcharge)		\$18.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TEAM HOST, FACILITY, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

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\_\_\_\_\_  
DATE

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