

**Blue Ridge Swim League
March Invitational
March 4, 2017**

SANCTION Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. **Sanction #NC17076**

LOCATION William B. Stronach, Jr. Aquatic and Fitness Center
1031 Jim Barger Rd
Lenoir, NC 28645

DATE/TIME March 4, 2017
Warmups at 8:00 a.m. Meet Starts at 9:00 a.m.

**DEADLINES/
MEETINGS**

Day, Date	Time	For:
Friday, 02/24/17	10:00PM	Entry deadline
Saturday, 03/04/17	8:50AM	Coaches/General Meeting-main hall

FACILITY Competition Pool, 25 yards, with 6 lanes which are 7 ft. wide, depths ranging from 4 to 11 feet, equipped with non-turbulent lane lines and Paddock starting blocks. The competition course has not been certified in accordance with 104.2.2C(4). A semi-automatic CTS System 6 with two buttons and watches per lane will be used.

RULES The meet will be conducted in accordance with the current USA Swimming Rules & Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

Use of audio visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

OFFICIALS Officials meeting will be held at 8:15 in main hall.

CREDENTIALS All coaches and officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

**SWIMMERS WITH
DISABILITIES**

SwimLenoir welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit NCAC's ability to accommodate all requests.

CLASSIFICATION

Closed league (Blue Ridge Swim League), USA swimming sanctioned meet.

ELIGIBILITY

Must be members of USA Swimming. Also, all swimmers must be current members in good standing of the Blue Ridge Swim League to be eligible to swim in this meet. There will be no on deck registration available at this meet.

ENTRY FEES

\$10 facility fee per swimmer

SAFETY

The North Carolina Swimming Safety Guidelines will be in effect during this meet. Coaches are advised to supervise their swimmers at all times. Absolutely no running or horseplay will be tolerated. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RELEASE
STATEMENT**

USA Swimming, Inc., North Carolina Swimming, Inc., Swim Lenoir, and the William B. Stronach, Jr. Aquatic and Fitness Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

ENTRIES

Entries must be submitted using HY6TEK Team Manager. Entries should be e-mailed to swimlenoircoach@gmail.com. List ages of swimmers as of March 4, 2017

ENTRY LIMIT

Swimmers may enter a maximum of three (3) individual events per session and two (2) relays. Late Entries may be accepted at the discretion of the Meet Director and will not be seeded.

ENTRY DEADLINE

All entries must be received no later than 10:00 pm Friday, February 24, 2017.

SEND ENTRIES TO

swimlenoircoach@gmail.com

AWARDS

Ribbons will be given 1st thru 6th place for individual events.

SCORING

No scoring

WARM-UPS

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down.

MEET DIRECTOR

Todd King swimlenoircoach@gmail.com

MEET REFEREE

Gaye Watts gayewatts@gmail.com

MEET MARSHAL

Todd King

BLUE RIDGE SWIM LEAGUE

Order of Events

Girls Event #	Event	Boys Event #
1	8-Under 100 Free Relay	2
3	10-Under 200 Free Relay	4
5	11-12 200 Free Relay	6
7	13-14 200 Free Relay	8
9	Senior 200 Free Relay	10
11	10-Under 100M	12
13	11-12 100 IM	14
15	13-14 200 IM	16
17	Senior 200 IM	18
19	8-Under 25 Free	20
21	10-Under 50 Free	22
23	11-12 50 Free	24
25	13-14 100 Free	26
27	Senior 100 Free	28
29	8-Under 25 Breast	30
31	10-Under 50 Breast	32
33	11-12 50 Breast	34
35	13-14 100 Breast	36
37	Senior 100 Breast	38
39	8-Under 25 Back	40
41	10-Under 50 Back	42
43	11-12 50 Back	44
45	13-14 100 Back	46
47	Senior 100 Back	48
49	8-under 25 Fly	50
51	10-Under 50 Fly	52
53	11-12 50 Fly	54
55	13-14 100 Fly	56
57	Senior 100 Fly	58
59	8-Under 100 Medley Relay	60
61	10-Under 200 Medley Relay	62
63	11-12 200 Medley Relay	64
65	13-14 200 Medley Relay	66
67	Senior 200 Medley Relay	68