

# 2017 ECA ECSL Championships

**March 31-April 2, 2017**

*Minges Natatorium, East Carolina University, Greenville, NC*

**SANCTION:** Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.,  
Sanction #

**MEET HOST:** East Carolina Aquatics

**FACILITY:** Minges Natatorium, East Carolina University

**For Directions:** The pool is the Big Brick Building Before you get to the football stadium

<http://ecupirates.cstv.com/directions/ecu-directions.html>

## **MEET MANAGEMENT:**

**Director:** Casey Charles - ecacoachcasey@gmail.com

**Meet Referee:** Bob Landry ó roblandry@suddenlink.com

**Meet Marshal:** Scott Pake ó ecacoachscott@gmail.com

## **MEET MANAGEMENT STATEMENT:**

Meet Management will require all coaches and officials to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

**ELIGIBILITY:** This is a closed meet, open to swimmers in the ECSL and associated UN ECSL Swimmers who are USA Swimming Members. There will be no on-deck registration available at this meet.

**COMPETITION POOL:** The facility has an 8-lane 25 yard non-turbulent competition pool and 6 lanes available for continuous warm-up/warm-down. The shallowest pool depth at the facility is 6 feet. A Colorado 6 Timing System will be used with watches in each of 8-lanes for competition. A digital scoreboard will also be in use. The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming.

**WARM-UP/WARM-DOWN POOL:** In addition to the competition pool, a 6-lane 20 yard diving well will be available for continuous warm-up/warm-down use.

## **RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

**SAFE SPORT:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Only feet first entry into warm down lanes at all times and during warm ups except during specific warm ups periods while under the direct supervision of a certified coach. No glass is allowed in the pool area or locker rooms at any time. Running and horseplay will not be allowed. As at any pool, the deck may be slippery and caution should be taken to prevent accidents. Swimmers are not allowed in pool equipment rooms or work out rooms. NO blocking of fire exits, which includes doorways and passages. Coaches must carry their coach certification cards at all times when on the pool deck and must hold current certifications and registration with USA Swimming. No spectators will be allowed on the competition deck at any time. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, or behind the starting blocks. Flash photography of any kind at the start of a race is prohibited. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend. Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

**NO FOOD ALLOWED ON THE POOL DECK. ONLY WATER BOTTLES WILL BE PERMITTED  
ALL Athletes and coaches must fill-out and sign an ECU WAIVER in order to participate in this event.**

**SWIMMERS WITH DISABILITIES:** ECA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit ECA's ability to accommodate all requests.

**RELEASE:** USA Swimming, North Carolina Swimming, Inc., East Carolina Aquatics, East Carolina University and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damage arising by reasons of injuries to anyone during the conduct of the meet in any facility on the ECU exercise physiology building.

## **SCHEDULE**

### **Swimmers 11 and Over:**

Friday Afternoon Warm-ups: 4:30 PM, Friday Afternoon Timed Finals: 5:30 PM  
Saturday and Sunday Warm-ups: 7:30 AM, Saturday and Sunday Preliminaries: 8:30 AM  
Saturday Finals: Warm-ups: 5:30 PM Meet Starts: 6:20 PM  
Sunday Finals: Warm-ups: 4:30 PM Meet Starts: 5:20 PM

### **Swimmers 10 and Under:**

Friday Afternoon Warm-ups: 4:30 pm, Friday Afternoon Timed Finals: 5:30 pm  
Saturday and Sunday Warm-ups: 1:00 PM  
Saturday and Sunday Session: 1:30 pm

**WARM-UPS:** Lanes and times will be assigned for warm-ups for sessions 3, 4, 6, and 7 based on the number of team participants

## **EVENT FORMAT/SEEDING**

This is an Age Group/Senior Meet. All 10 and under events (with the exception of the 50 FR), the Senior 400 Individual Medley, 500 Freestyle, 200 IM and 1650 Freestyle as well as all relays are timed finals. All other events will be conducted on a prelims/finals basis.

**11-12 200 IM** The 11-12 200 IM will be limited to the fastest provable 32 swimmers. Positive Check-in is required for this event.

**11-12 and Senior 500 Freestyle** The 11-12 and Senior 500 Freestyle will be limited to the fastest provable 24 swimmers. The 500 will be scored both as a 13-14 event as well as a Senior event. Positive check-in must be completed before the conclusion of warm-ups the day of the event.

**Senior 1650** The Senior 1650 will be limited to the fastest 8 swimmers for each gender. A Psych Sheet will be available on [www.swimeca.org](http://www.swimeca.org). Positive check-in must be completed before the conclusion of warm-ups the day of the event.

**Relays** Relays will be timed finals. Only swimmers listed on the entry form may swim on relays. Relay-only swimmers should be designated as such and must pay a \$3.00 per swimmer travel fund fee and the \$9.00 facility surcharge. Check-in s for relays must be completed by the end of warm-ups on the day of the event.

**Finals will be conducted in the following manner:**

All Senior Events 100 yards and shorter and the 200 FR will have a B, A and Super Final (Top 20)

All Senior Events that are 200 yards of stroke (FL,BK,BR) will have an A, and Super Final (Top 12)

ALL 11-12 and 13-14 events on Saturday and Sunday will be A Finals only (Top 8)

**Order of Finals Heats** B, A, Super Finals

There will be walk-outs for the ALL Super-Final Events. All A Final heats will be introduced behind the blocks.

**Definition of Finals:**

**Senior Events:**

Super Finals: Top 4 seeds

A Finals: Seeds 5-12

B Finals: Seeds 13-20

## **CHECK-IN/SCRATCH PROCEDURES**

A positive check-in is required for 500 FR, 400 IM, 1650 FR and 11-12 200 IM. These events will be swum as timed finals. Positive check-in must be completed before the conclusion of warm-ups on the day of that event.

*Failure to swim a positively checked-in event will result in the swimmer being scratched from their next event.*

### **OTHER CHECK-IN PROCEDURES**

All other check-ins will be discussed at the coaches meeting on Friday.

**SCRATCH RULE:** The NCS Scratch Rule will be in effect. Scratches and/or intents to scratch from finals must be given to the clerk or course. Please make sure that scratches are taken care of for Sunday's finals session. We want to run full heats.

## **ENTRIES**

**Individuals:** All Swimmers are limited to THREE events per session and SEVEN events for the meet.

**Relays:** Each club may enter up to THREE relay teams per relay event.

### **FEES:**

**Individual:** (11-12, Senior) \$4.00, (10&Under) \$3.00, **Relays:** \$10.00 per relay team

**Facility Fee:** \$9.00 per swimmers **NC Travel Fund:** \$3.00

**ENTRY DEADLINE:** Entries must be received by 9:00 pm, Wednesday, March 21, 2017. No Telephone entries will be accepted. No late entries will be accepted.

### **MAIL ENTRIES TO:**

Casey Charles

103 Prince Charles Ctr.

Winterville, NC 28590

(252)341-1044

**ENTRY:** Entries must be submitted via email attachment generated by Hy-Tek Team Manager. Please note that you may be asked to prove a time for all deck seeded events.

## **SCORING/AWARDS**

**SENIOR EVENTS (Top 16):** 24-22-20-18-15-13-12-11-10-9-8-7-5-3-2-1

**ALL OTHER INDIVIDUAL EVENTS:** 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**RELAY EVENTS:** 40-34-32-30-28-26-24-22-18-14-12-10-8-4-2; only TWO (2) relays may score

**AWARDS:** *Individual Events:* Medals: 1st-3<sup>rd</sup>, Ribbons: 4th-8<sup>th</sup>, *Relays:* Ribbons: 1st-3<sup>rd</sup>

**High Point:** High point awards will be given to the highest scoring male and female swimmer in each age group. Swimmers will only accumulate points for the high point award by swimming and scoring points in their age group's events. Age groups will be broken down in the following manner: 8 and under, 10 and under, 11-12, 13-14, 15 and older. Note: 13-14 will be scored out of the senior age group as they place in the event.

**Team:** Team scoring will be in effect. Team Trophies will be awarded to the 1<sup>st</sup> 6<sup>th</sup> 3<sup>rd</sup> combined teams

## **MEETINGS**

**COACHES' MEETING** There will be a brief meeting @ 5:15 PM on Friday. ALL Coaches' Meetings will be held behind the timing/scratch table

**OFFICIALS' MEETINGS** Officials will meet at 5:00 PM in the hospitality area and will have brief meetings throughout the course of the meet at the discretion of the MEET REFEREE.

**TIMERS' MEETINGS** Meetings will be conducted 20 minutes before the start of each session in the hallway behind the starter's table.

### **HOSPITALITY AND CONCESSIONS:**

There will be a hospitality room for all coaches, officials, and volunteers. Refreshments will be available as well throughout all sessions. Hot food items available for lunch and dinner.

## **SCHEDULE OF EVENTS**

**Session 1 – AG/Senior Prelims/Timed Finals - Friday, March 31, 2017** Warm-ups: 4:30 pm Meet Starts: 5:30 pm

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<b>1</b>	<b>12&amp;U 200 Freestyle Relay (Timed Finals)</b>	<b>2</b>
<b>3</b>	<b>13-14 400 Freestyle Relay (Timed Finals)</b>	<b>4</b>
<b>5</b>	<b>Senior 400 Freestyle Relay (Timed Finals)</b>	<b>6</b>
	<b>10-min Break</b>	
<b>7</b>	<b>12&amp;Under 200 IM (Timed Finals)</b>	<b>8</b>
<b>9</b>	<b>Senior 200 IM (Timed Finals)</b>	<b>10</b>
<b>11</b>	<b>10 &amp; Under 50 Freestyle (Prelims)</b>	<b>12</b>
<b>13</b>	<b>11-12 50 Freestyle (Prelims)</b>	<b>14</b>
<b>15</b>	<b>13-14 50 Freestyle (Prelims)</b>	<b>16</b>
<b>17</b>	<b>Senior 50 Freestyle (Prelims)</b>	<b>18</b>
<b>19</b>	<b>12&amp;Under 500 FR (Timed Finals)</b>	<b>20</b>
<b>21</b>	<b>Senior 500 FR (Timed Finals)</b>	<b>22</b>

**Session 2 - Finals** Friday, March 31, 2017 Meet Starts: 10-min after the conclusion of the first session

<b>11</b>	<b>10 &amp; Under 50 Freestyle – Finals (Top 8)</b>	<b>12</b>
<b>13</b>	<b>11-12 50 Freestyle – Finals (Top 8)</b>	<b>14</b>
<b>15</b>	<b>13-14 50 Freestyle – Finals (Top 16)</b>	<b>16</b>
<b>17</b>	<b>Senior 50 Freestyle – Finals (Top 20)</b>	<b>18</b>

# SATURDAY

Session 3 – Senior Prelims Saturday, April 1, 2017 - Warm-ups: 7:30 am Meet Starts: 8:30 am

Girls	Event	Boys
23	11-12 100 Freestyle (Prelims)	24
25	13-14 200 Freestyle (Prelims)	26
27	Senior 200 Freestyle (Prelims)	28
29	11-12 50 Backstroke (Prelims)	30
31	13-14 100 Backstroke (Prelims)	32
33	Senior 100 Backstroke (Prelims)	34
35	11-12 100 Breaststroke (Prelims)	36
37	13-14 200 Breaststroke (Prelims)	38
39	Senior 200 Breaststroke (Prelims)	40
41	11-12 100 Butterfly (Prelims)	42
43	13-14 100 Butterfly (Prelims)	44
45	Senior 100 Butterfly (Prelims)	46
47	11-12 100 IM (Prelims)	48
49	13-14 400 IM (Timed Finals)	50
51	Senior 400 IM (Timed Finals)	52

Session 4 – 10 & Under Timed Finals - Saturday, April 1, 2017

Warm-ups: 1:00 PM Meet Starts: 1:30 PM

59	10 & Under 200 Freestyle Relay	60
61	8 & Under 25 Butterfly	62
63	10 & Under 100 Backstroke	64
65	8 & Under 50 Backstroke	66
67	10 & Under 100 Freestyle	68
69	8 & Under 25 Breaststroke	70
71	10 & Under 50 Breaststroke	72
73	8 & Under 50 Freestyle	74
75	10 & Under 50 Butterfly	76
77	10 & Under 500 Freestyle	78

Session 5 – Finals - Saturday, April 1, 2017 Warm-ups: 5:30 PM Meet Starts: 6:20 PM

23	Finals -11-12 100 Freestyle (Top 8)	16
25	Finals -13-14 200 Freestyle (Top 8)	18
27	Finals - Senior 200 Freestyle (Top 20)	20
29	Finals - 11-12 50 Backstroke (Top 8)	22
31	Finals - 13-14 100 Backstroke (Top 8)	24
33	Finals - Senior 100 Backstroke (Top 20)	26
39	Finals - 11-12 100 Breaststroke (Top 8)	28
41	Finals - 13-14 200 Breaststroke (Top 8)	30
43	Finals - Senior 200 Breaststroke (Top 12)	32
45	Finals - 11-12 100 Butterfly (Top 8)	34
47	Finals - 13-14 100 Butterfly (Top 8)	40
49	Finals - Senior 100 Butterfly (Top 20)	42
51	Finals - 11-12 100 IM (Top 8)	44
	10-minute Break	
53	11-12 200 Medley Relay (Timed Finals)	54
55	13-14 200 Medley Relay (Timed Finals)	56
57	Senior 200 Medley Relay (Timed Finals)	58

# SUNDAY

Session 6 – Prelims 11&up - Sunday, April 2, 2017 Warm-ups: 7:30 AM Meet Starts: 8:30 AM

Girls	Event	Boys
83	11-12 50 Breaststroke (Prelims)	84
85	13-14 100 Breaststroke (Prelims)	86
87	Senior 100 Breaststroke (Prelims)	88
89	11-12 50 Butterfly (Prelims)	90
91	13-14 200 Butterfly (Prelims)	92
93	Senior 200 Butterfly (Prelims)	94
95	11-12 100 Backstroke (Prelims)	96
97	13-14 200 Backstroke (Prelims)	98
99	Senior 200 Backstroke (Prelims)	100
101	11-12 200 Freestyle (Prelims)	102
103	13-14 100 Freestyle (Prelims)	104
105	Senior 100 Freestyle (Prelims)	106
107	Senior 1650 Freestyle (Timed Finals)	108

Session 7 – Timed Finals – 10 and Under - Sunday, April 2, 2017

Warm-ups: 1:00 PM Meet Starts: 1:30 PM

109	10 & Under 200 Medley Relay	110
111	8 & Under 50 Butterfly	112
113	10 & Under 50 Backstroke	114
115	8 & Under 25 Backstroke	116
117	10 & Under 200 Freestyle	118
119	8 & Under 50 Breaststroke	120
121	10 & Under 100 Breaststroke	122
123	8 & Under 25 Freestyle	124
125	10 & Under 100 Butterfly	126
127	10 & Under 100 IM	128

Session 8 – Finals, Sunday, April 2, 2017 - Warm-ups: 4:30 PM Meet Starts: 5:20 PM

79	13-14 200 Freestyle Relay	80
81	Senior 200 Freestyle Relay	82
	10-min Break	
83	11-12 50 Breaststroke (Top 8)	84
85	13-14 100 Breaststroke (Top 8)	86
87	Senior 100 Breaststroke (Top 20)	88
89	11-12 50 Butterfly (Top 8)	90
91	13-14 200 Butterfly (Top 8)	92
93	Senior 200 Butterfly (Top 12)	94
95	11-12 100 Backstroke (Top 8)	96
97	13-14 200 Backstroke (Top 8)	98
99	Senior 200 Backstroke (Top 12)	100
101	11-12 200 Freestyle (Top 8)	102
103	13-14 100 Freestyle (Top 8)	104
105	Senior 100 Freestyle (Top 20)	106