

HPSC vs. SSS
hosted by
HIGH POINT SWIM CLUB
January 28th, 2017

- SITE:** 1113 W Mountain St, Kernersville, NC 27284
- SANCTION:** Held under sanction of USA Swimming Inc., issued by North Carolina Swimming Inc. **NCS Sanction #NC17041**
- CLASSIFICATION:** Open as defined in the USA Swimming handbook.
- FACILITY:** The Kernersville YMCA has 8 . 8.5 feet wide lanes by 25 yards long pool, ranging from 3.5 at the turn end to 6 feet deep at the start end, with stationary starting blocks. All starts, including relay starts, from the turn end, must begin from within the water. The Colorado System 6 timing system and two scrolling display scoreboard. Hy-Tek Meet Manager software will be used. The competition course has not been certified in accordance with 104.2.2C(4).
NOTE: NO FOOD OR DRINK ALLOWED ON DECK. HOWEVER SWIMMERS MAY HAVE A PLASTIC BOTTLE FOR WATER OR OTHER SPORTS BEVERAGE.
- NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING
- CONCESSION:** Provided by the High Point YMCA
- PARKING:** Park in the main lot at the front of the YMCA. Enter the building at main entrance only.
- RULES:** The meet will be conducted in accordance with USA Swimming Rules and Regulations except where the rules therein are optional and exceptions are herein stated.
- Use of audio visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Deck changes are prohibited
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.
- ELIGIBILITY:** All swimmers must be registered with HPSC, SSS and USA SWIMMING, Inc.

ENTRIES: Complete the summary sheet and email Meet Manager Entry file, showing age as of January 28th, 2017

Swimmers may enter 5 individual events per day. This meet will be limited to the first 150 SWIMMERS PER SESSION entered. You will be notified if the meet is closed.

NOTE: The sessions will be modified as needed to accommodate the 4-hour rule.

ENTRY DEADLINE: The entry deadline is 5PM Wednesday, January 18th, 2017. Late entries MAY be accepted at the discretion of the meet director, but will not be seeded. No FAX entries will be accepted.

Do not send entries that require signature upon delivery.

Email entries in Hy-Tek format are preferred, but hard copy entry forms (either computer generated or forms included in this meet information), summary sheet and fees must be received by the entry deadline.

ENTRY FEES: \$3.00 per event
\$8.00 per relay
\$3.00 per Swimmer for the NSC travel fund surcharge.
\$7.00 per Swimmer Facility Surcharge.
Double fees if late entry.

Entry fees must accompany entries and are not refundable.
Make checks payable to: High Point Swim Club

MAIL ENTRIES TO: John Cameron
PO Box 5815
High Point, NC 27262

EMAIL ENTIERS TO: entries@highpointswimclub.org

AWARDS: Ribbons 1st - 8th place for individual events. Events will be awarded as 8&Under, 9/10, 11/12. No awards to swimmers 13-Older.

Coaches Meeting There will be a coaches meeting on Saturday Morning in Hospitality beginning at 12:45 PM. All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request.

Officials Meeting There will be an officials meeting in Hospitality on Saturday morning beginning at 12:45 PM. There will be a need for officials. HPSC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at

the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented.

**Disability
Accommodations**

HPSC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit HPSC's ability to accommodate all requests.

SAFETY:

The NCS Safety program is in effect for this meet. Coaches are reminded to closely supervise their swimmers at all times. Failure to comply with safety requests can result in expulsion from the meet. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

WARM-UPS:

Saturday Warm Up

- PM session - warm-ups starting at 1:00, timed finals start 60 minutes later.

Teams will be assigned lanes for warm and will be notified by email and postings at the pool of lane assignments. Each team will be allowed to run warm up as they wish in their assigned lanes. Warm up must be monitored closely by certified coaches and the NCS warm up guidelines must be followed. Diving will happen from the 50 start end of the pool for all sessions. Diving will not be allowed for any lane during the first 1/2 of the warm up session.

MEET DIRECTOR: Aaron Reeves areeves@highpointswimclub.org
MEET REFEREE: Brad Procton proton@northstate.net
MEET MARSHALL: John Cameron

**RELEASE
STATEMENT:**

USA Swimming, Inc., North Carolina Swimming, Inc., High Point Swim Club, and the Kernersville YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

HPSC vs. SSS Order of Events

Saturday Morning . Warm-ups 1:00 PM Timed finals 2:00 PM

Women			Men
1	8 & U	25 Fly	2
3	10 & U	50 Fly	4
5	11-12	50 Fly	6
7	13-14	50 Fly	8
9	Senior	100 Fly	10
11	Senior	200 Fly	12
13	10 & U	100 Med Relay	14
15	11 & Older	200 Med Relay	16
17	8 & U	25 Free	18
19	10 & U	50 Free	20
21	11-12	50 Free	22
23	13-14	50 Free	24
25	Senior	100 Free	26
27	Senior	200 Free	28
29	8 & U	25 Back	30
31	10 & U	50 Back	32
33	11-12	50 Back	34
35	13-14	50 Back	36
37	Senior	100 Back	38
39	Senior	200 Back	40
41	8 & U	25 Breast	42
43	10 & U	50 Breast	44
45	11-12	50 Breast	46
47	13-14	50 Breast	48
49	Senior	100 Breast	50
51	Senior	200 Breast	52
53	8 & U	100 IM	54
55	10 & U	200 IM	56
57	11 & Older	200 IM	58
59	11 & Older	500 Free	60
61	10 & U	100 Free Relay	62
63	11 & Older	200 Free Relay	64

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ENTRY SUMMARY WORKSHEET

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
8-UN Girls - Session			X		
8-UN Boys - Session			X		
9-10 Girls - Session			X		
9-10 Boys - Session			X		
11-12 Girls - Session			X		
11-12 Boys - Session			X		
Senior Girls . Session			X		
Senior Boys - Session			X		
Relay Only Swimmers					
Total # of Swimmers			X	\$10.00	
Total Relays Entered			X		
Total Fees Due With Entry					

Make Checks Payable to: High Point Swim Club

Return This Summary Sheet with to John Cameron
 Entry Fees and Forms to: High Point Swim Club
 PO Box 5815
 High Point NC 27262

Call Letters _____ **E-mail Address:** _____

Coach _____

Team Name _____ Phone (Work) (____) ____ - _____

Street Address _____ (Home) (____) ____ - _____

City _____ State _____ Zip Code _____