



## 2017 Novant Health Invitational

Hosted by SwimMAC

Sponsored by Novant Health

January 14-16, 2017

Held at Charlotte Latin School, 9850 Providence Rd., Charlotte, NC 28277

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Sanction #NC17034**

<b>MEET DIRECTORS</b>	<b>MEET ENTRY COORDINATOR</b>
Kristen Lyons <a href="mailto:jklyons@yahoo.com">jklyons@yahoo.com</a> Lisa Davis <a href="mailto:Lhd2009@yahoo.com">Lhd2009@yahoo.com</a>	Sarah Holman <a href="mailto:sholman@swimmaccarolina.org">sholman@swimmaccarolina.org</a> (859) 516-8107
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Sharon Browning <a href="mailto:shaztb@gmail.com">shaztb@gmail.com</a> (704) 291-6361	Russ Kasl <a href="mailto:rkasl@swimmaccarolina.org">rkasl@swimmaccarolina.org</a> (704) 526-8677

### FACILITY

The SwimMAC Swim Center is a 30,000 square foot facility featuring a 50 meter by 25 yard Paddock Pool racing tank. The pool is equipped with Competitor 4" Racing Lanes and uses Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and a ten lane scoreboard. Hy-Tek Meet Manager software will be used. In the 25 yard competition pool, the pool depth ranges from 6 feet at the starting end to 12 feet at the far end of the pool with ten, 8 foot wide lanes. There will be up to 10 additional lanes available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is bleacher seating for 600 competitors and spectators.

### MEET FORMAT

All 10 & Under events are Timed Finals. All 11-12, 13-14 and Senior individual events on Saturday and Sunday will be conducted on a Preliminary and Final basis with the exception of the 11-12 500 Free and all relays. All Monday events will be swum as Timed Finals for all ages. Preliminaries and Finals will be conducted in short course yards. Only the top ten swimmers from the preliminaries will swim in finals at night in the 11-12 age group; with the exception of the 500 Free and relays listed which are timed final events. Consolation and Championship finals will be held for 13-14 and Senior Events with the exception of the 400 IM, 500 Free and all relays. The Consolation Heat will be swum first followed by the Championship Heat.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	7:00-8:20am	8:30am	13 and Older
2	Saturday	12:00-12:50pm	1:00pm	12 & Under
3	Saturday	5:00-5:50pm	6:00pm	11 & Older
4	Sunday	7:00-8:20am	8:30am	13 and Older
5	Sunday	12:00-12:50pm	1:00pm	12 & Under
6	Sunday	5:00-5:50pm	6:00pm	11 & Older
7	Monday	7:00-8:20am	8:30am	All Ages

**Meet Management reserves the right to add breaks between events if deemed necessary.**

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Wed., January 4, 2017	11:00 PM	Entry Deadline
Sat., January 14, 2017	6:45 AM / 11:45 AM	Coaches Meeting (Hospitality Room)
January, 14-16, 2017	One hour prior to start of each session	Officials Meeting (Hospitality Room)
Sat. January 14, 2017	8:00 AM	Positive Check-In for Events 29-32 (400 IM)
Sat. January 14, 2017	1:00 PM	Positive Check-In for Events 33-36 (200 Free Relay)
Sat. January 14, 2017	6:00 PM	Positive Check-In for Events 37-40 (400 Free Relay)
Sun. January 15, 2017	8:00 AM	Positive Check-In for Events 71-74 (500 Free)
Sun. January 15, 2017	1:00 PM	Positive Check-In for Events 69-70 (500 Free)
Sun. January 15, 2017	1:00 PM	Positive Check-In for Events 75-78 (200 Medley Relay)
Sun. January 15, 2017	6:00 PM	Positive Check-In for Events 79-82 (400 Medley Relay)
Mon. January 16, 2017	8:30 AM	Positive Check-In for Events 111-112 (1000 Free)

**SAFETY**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. Glass containers or bottles are not permitted in the SwimMAC Swim Center.

**RACING STARTS**

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The NCS Scratch Rule is in effect for this meet; the NCS Scratch rule is included in the Meet Announcement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to the entry deadline. Each team will be limited to two scoring teams with a maximum of 60 swimmers on each team. The host club reserves the right to add teams and entries from SwimMAC as long as it conforms to the NCS four/eight hour rule. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

**Invited Clubs: YOTA, NCAP, MOR, Commonwealth Current**

**SWIMMERS WITH DISABILITIES**

SwimMAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC's ability to accommodate all requests.

**ENTRIES**

Entries can be emailed in a Hy-Tek file. All computer entries must be accompanied by a hard copy of the entire entry. Please list the swimmers age as of January 16, 2016. All entries, manual or computer generated, must include the following forms:

1. Official Hy-Tek Summary Sheet
2. Payment of Fees. Please mail hard copy and check to:  
SwimMAC Carolina  
9850 Providence Road  
Charlotte, NC 28277  
Attention: Sarah Holman

E-mail entries to Sarah Holman at [sholman@swimmaccarolina.org](mailto:sholman@swimmaccarolina.org)

All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.

**ENTRY LIMITATIONS**

Swimmers are limited to eight (8) individual events for the meet and no more than three (3) individual events per day. Each club may enter up to two relay teams per relay event.

**ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES**

The Meet Entry Coordinator must receive entries by **Wednesday, January 4, 2017 by 11:00pm**. Late entries may be accepted at the discretion of the meet referee. No telephone or fax entries will be accepted. There will be no on deck entries.

## ENTRY FEES

<b>Make checks payable to SwimMAC Carolina; All fees are non-refundable</b>	
Individual Event	\$4.00 per event
Relays	\$8.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$15 per swimmer
Late Entry Fee	Double the Individual Event and Relay fee listed

## SEEDING

The conforming time standards for this meet is short course yards. All non-conforming times will be seeded in last rank order. Swimmers will be seeded and swum slowest to fastest unless otherwise indicated for all timed final events. Preliminary events will be circled seeded. All events 400 yards and longer will be deck seeded.

The 13-14 and Senior 400 IM and 500 Free are timed final events. The heats of those events which are swum in the preliminary sessions will be swum fastest to slowest in event order and the fastest 10 swimmers will swim in finals. The 1000 Free will be swum slowest to fastest in event order. The 11-12 500 Free is a timed final event and will be swum fastest to slowest in event order. SwimMAC Team members, not on the 'A' or 'B' team, will only be permitted to swim the senior 400 IM, 500 Free and 1000 Free such that it does not create another heat.

## CHECK-IN

Positive check-in will be at the Clerk of Course. There will be a positive check-in for all relay events and all individual events of 400 yards or longer as indicated in the Deadline and Meeting Summary above.

## SCRATCHES

There will be no penalty for scratching pre-seeded events at the block. The NCS Scratch Rule is in effect for this meet. The NCS Scratch Rule is included in the Meet Announcement on the last page. Scratches from finals must be given to the Administrative Referee who will maintain the meet scratch book. Posted preliminary results are for information only. **Swimmers should listen for announcements and check for scratches at the Clerk of Course desk on the pool deck.** Swimmers qualifying for a final race based upon the results of the preliminaries must notify the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that he or she does not intend to compete. Coaches are asked to instruct alternates to check-in with the deck referee, identifying themselves as an alternate, prior to the beginning of the event for which they are an alternate.

## SCORING

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22

## AWARDS

An award for the first place team will be given. Ribbons for 1<sup>st</sup> through 10<sup>th</sup> for all 11-12 and 10 & Under individual events. Ribbons for 1<sup>st</sup> thru 3<sup>rd</sup> for all 11-12 and 10 & Under relay events.

## RESULTS

Results will be posted on Meet Mobile.

At the conclusion of the meet, teams may obtain HY-TEK backups either on a memory stick or via e-mail attachment.

**COACHES**

All coaches on deck must be registered and certified with USA Swimming. All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/  
VOLUNTEERS**

There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

**HOSPITALITY/  
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

**WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all the teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

**WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. SwimMAC, Charlotte Latin School, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

# 2017 NOVANT HEALTH INVITATIONAL

## ORDER OF EVENTS

**Saturday, January 14, 2017**

Warm-up: 7:00 AM      Meet Start: 8:30 AM

13-14 and Senior Preliminaries

<b>Girls/Woman</b>	<b>Event</b>	<b>Boys/Men</b>
5	13-14 200y Freestyle	6
7	Senior 200y Freestyle	8
13	13-14 100y Breaststroke	14
15	Senior 100y Breaststroke	16
21	13-14 100y Butterfly	22
23	Senior 100y Butterfly	24
29	13-14 400y IM*	30
31	Senior 400y IM*	32

**\*The 400 IM is a timed finals event with the fastest 10 swimming in finals. When these events are swum in the preliminary session, it will be swum fastest to slowest in event order.**

**Saturday, January 14, 2017**

Warm-up: 12:00noon      Meet Start: 1:00pm

10 & Under Timed Finals / 11-12 Preliminaries

<b>Girls/Woman</b>	<b>Event</b>	<b>Boys/Men</b>
1	10 & U 200y Freestyle	2
3	11-12 200y Freestyle	4
9	10 & U 50y Backstroke	10
11	11-12 50y Backstroke	12
17	10 & U 50 Butterfly	18
19	11-12 50y Butterfly	20
25	10 & U 100y IM	26
27	11-12 100y IM	28
33	10 & U 200y Free Relay	34
35	11-12 200y Free Relay	36

## 2017 Novant Invitational

Saturday, January 14, 2017

Warm-up: 5:00pm

Meet Start: 6:00pm

11-12, 13-14, and Senior Finals

Girls/Women	Event	Boys/Men
3	11-12 200y Freestyle	4
5	13-14 200y Freestyle	6
7	Senior 200y Freestyle	8
	Break*	
11	11-12 50y Backstroke	12
13	13-14 100y Breaststroke	14
15	Senior 100y Breaststroke	16
	Break*	
19	11-12 50y Butterfly	20
21	13-14 100y Butterfly	22
23	Senior 100y Butterfly	24
	Break*	
27	11-12 100y IM	28
29	13-14 400y IM	30
31	Senior 400y IM	32
	10 Minute Break	
37	13-14 400y Free Relay	38
39	Senior 400y Free Relay	40

\*Break duration will be established by meet management and announced prior to session.

Sunday, January 15, 2017

Warm-up: 7:00am

Meet Start: 8:30am

13-14 and Senior Preliminaries

Girls/Woman	Event	Boys/Men
41	13-14 200y Butterfly	42
43	Senior 200y Butterfly	44
49	13-14 50y Freestyle	50
51	Senior 50y Freestyle	52
57	13-14 200y Breaststroke	58
59	Senior 200y Breaststroke	60
65	13-14 100y Backstroke	66
67	Senior 100y Backstroke	68
71	13-14 500y Freestyle*	72
73	Senior 500y Freestyle*	74

\*The 13-14 and Senior 500y Free are timed finals events with the fastest 10 swimming in finals. When these events are swum in the preliminary session, it will be swum fastest to slowest in event order. Swimmers will need to provide their own counters.

## 2017 Novant Invitational

**Sunday, January 15, 2017**

Warm-up: 12:00noon      Meet Start: 1:00pm  
10 & Under Timed Finals / 11-12 Preliminaries

Girls/Woman	Event	Boys/Men
45	11-12 100y Butterfly	46
47	10 & U 100y Butterfly	48
53	11-12 50y Freestyle	54
55	10 & U 50y Freestyle	56
61	11-12 100y Breaststroke	62
63	10 & U 100y Breaststroke	64
69	11-12 500y Freestyle*	70
75	10 & U 200y Medley Relay	76
77	11-12 200y Medley Relay	78

**\*The 11-12 500 Free is a timed final event. The heats will be swum fastest to slowest in event order. Swimmers will need to provide their own counters.**

**Sunday, January 15, 2017**

Warm-up: 5:00pm      Meet Start: 6:00pm  
11-12, 13-14, and Senior Finals

Girls/Women	Event	Boys/Men
41	13-14 200y Butterfly	42
43	Senior 200y Butterfly	44
45	11-12 100yButterfly	46
	Break*	
49	13-14 50y Freestyle	50
51	Senior 50y Freestyle	52
53	11-12 50y Freestyle	54
	Break*	
57	13-14 200y Breaststroke	58
59	Senior 200y Breaststroke	60
61	11-12 100y Breaststroke	62
	Break*	
65	13-14 100y Backstroke	66
67	Senior 100y Backstroke	68
	10 Minute Break	
71	13-14 500y Freestyle	72
73	Senior 500y Freestyle	74
	10 Minute Break	
79	13-14 400y Medley Relay	80
81	Senior 400y Medley Relay	82

**\*Break duration will be established by meet management and announced prior to session.**



## 2017 Novant Invitational

Monday, January 16, 2017

Warm-up: 7:00am

Meet Start: 8:30am

10 & U, 11-12, 13-14, and Senior Timed Finals

Girls/Women	Event	Boys/Men
83	10 & U 200y IM	84
85	11-12 200y IM	86
87	13-14 200y IM	88
89	Senior 200y IM	90
91	10 & U 100y Free	92
93	11-12 100y Free	94
95	13-14 100y Free	96
97	Senior 100y Free	98
99	10 & U 100y Backstroke	100
101	11-12 100y Backstroke	102
103	13-14 200y Backstroke	104
105	Senior 200y Backstroke	106
107	10 & U 50y Breaststroke	108
109	11-12 50y Breaststroke	110
111	Senior 1000y Freestyle*	112

**\*1000 Free:** This is a timed final event with all heats being swum slowest to fastest in event order. Swimmers will need to provide their own counter.

**2017 Novant Health Invitational  
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to SwimMAC Carolina):  
SwimMAC Carolina  
ATTN: Sarah Holman  
9850 Providence Road, Charlotte, NC 28277  
Email to: sholman@swimmaccarolina.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Total Individual Entries		\$4.00 per event.	
Total Relay Entries		\$8.00 per relay	
Total Swimmers (NCS Travel Fund & Facility Surcharge)		\$15 per swimmer	
Late Fees		Double the Individual Event and Relay fee.	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. SwimMAC Carolina, Charlotte Latin, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE

## NCS Scratch Rule

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer is entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
  - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
  - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
  - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
  - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
  - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
  - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
  - C. The swimmer was not named in any finals heat during the initial announcement of results
  - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## 208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.