



TYDE Winter Invitational

Hosted by YMCA of NWNC RipTYDE Swim Team

December 9-11, 2016

Held at Greensboro Aquatic Center, 1921 W Gate City Blvd, Greensboro, NC 27403

Held under the Approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Approved Meet #NC16206AP**

<b>MEET DIRECTOR</b>	<b>MEET ENTRY COORDINATOR</b>
Richard Huffman 336-996-2231 x 6422 Coachrichard@swimtyde.org	Richard Huffman 775 West End Blvd Winston-Salem, NC 27101 336-996-2231 x 6422 coachrichard@swimtyde.org
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Brad Martin 336-906-3132 Brad.martin@xposc.com	Lisa Greene 336-721-2100 Lisa@swimtyde.org

**FACILITY** The Greensboro Aquatic Center is a state-of-the-art indoor facility and the site of the 2013, 2014 & 2015 YMCA Short Course Nationals! The main competition pool is 9-10 feet deep at both ends and can be configured into two 25-yard courses with up to ten 7-foot wide lanes each. All lanes feature non-turbulent lane lines and Colorado starting blocks. Ten lanes will be used for this competition but if entries warrant, additional competition lanes may be utilized. The Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. At least three lanes will be open for continuous warm up and down during the meet. Seating for 1800 spectators is available. Parking will be available for \$5 per day with unlimited entry and exit. Free parking will be provided for coaches and officials.

**MEET FORMAT** This is a USAS Approved, Age Group/Open timed final meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	4:00 PM	5:00 PM	All Ages
2	Saturday	7:30 AM	8:30 AM	All Ages
3	Saturday	12:30 PM	1:30 PM	12 & Under
4	Sunday	7:30 AM	8:30 AM	All Ages
5	Sunday	12:30 PM	1:30 PM	12 & Under

**DEADLINE AND MEETING SUMMARY:**

<b>Day, Date</b>	<b>Time</b>	<b>For:</b>
Tuesday, November 29	11:00 PM	Entry deadline
Friday, December 9	3:45 PM	Coaches/General Meeting
Friday, December 9	4:15 PM	Friday distance events positive check in
Friday, December 9 – Sunday, December 11	45 minutes before each session starts	Official Briefings

**SAFETY**

The NCS Safety Program is in effect for this meet. Coaches are required to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. Use of audio or video recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the Greensboro Aquatic Center or any other restrictions that are posted for the safety of the people in attendance or to protect Greensboro Aquatic Center property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action.

**RACING STARTS**

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

**ELIGIBILITY**

This is a closed YMCA meet. All swimmers must be members of a YMCA swim team. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES**

TYDE welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit TYDE's ability to accommodate all requests.

**ENTRIES**

Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline. A swimmers' age on the first day of the meet will determine their age for the entire meet. TYDE Swim Team's entries will be entered first and then accept teams/entries in the order received, until the four/eight hour rule is reached. Entries received thereafter will be returned immediately.

Entries will be accepted in HY-TEK format only and must be received no later than **11pm on Tuesday, November 29, 2016**. List the swimmer's age as of December 9, 2016. The meet may be limited to 300 swimmers per session and entries will be accepted on a first come first served basis. Deck entries will only be accepted to fill empty lanes.

Email entry file to: coachrichard@swimtyde.org

Snail mail payment to: Leann Day  
775 West End Blvd  
Winston-Salem, NC 27101  
(336) 721-2100 ext. 6282  
leann@swimtyde.org

**ENTRY LIMITATIONS**

Swimmers may swim a maximum of 4 individual events plus 1 relay per day and a total of 10 individual events and 2 relays for the meet.

**ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES**

**The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. Deck entries will only be accepted where empty lanes are available.**

**ENTRY FEES**

<b>Make checks payable to: TYDE Swim Team; All fees are non-refundable</b>	
Individual Event	\$4.00 per event; see NCS rules for any restrictions
Relays	\$10.00 per relay; see NCS rules for any restrictions
Facility Surcharge	\$15.00 per swimmer
Late Entry Fee	\$8.00 per individual event

**SEEDING**

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest in all pre-seeded events. Deck seeded events (400 IM, 1000 Freestyle and 500 Freestyle) will run fastest to slowest and alternate female to male if the session is conducted in 1 pool. If 2 pools are needed then the session will be split into a male pool and female pool. All non-conforming times will be seeded last in rank order.

<b>CHECK-IN</b>	<p>A positive check-in, located by the scoring table, will be required for the following events:</p> <ul style="list-style-type: none"> <li>• Open 400 IM</li> <li>• 12 &amp; Under 500 Freestyle</li> <li>• Open 1000 Freestyle</li> </ul> <p>Check in for these events will be as stated in the Deadline and Meeting Summary. Swimmers that fail to check in will be scratched from the event and not seeded. In the positive check-in events, a swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event.</p>
<b>SCRATCHES</b>	<p>There will be no penalty for scratching pre-seeded events at the block.</p>
<b>SCORING</b>	<p>Each event will be scored by the following age categories: 8 &amp; Under, 9-10, 11-12, 13-14, and 15 &amp; Older. All scoring will be on an eight (8) place basis.</p> <ul style="list-style-type: none"> <li>• Individual events: 9-7-6-5-4-3-2-1</li> <li>• Relay events: 18-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.</li> </ul>
<b>AWARDS</b>	<p>Ribbons will be awarded to the top 8 finishers in individual events in each of the following age categories: 8 &amp; Under, 9-10, 11-12, 13-14, and 15 &amp; Older. Ribbons will be awarded to the top 3 finishers in each relay event.</p>
<b>RESULTS</b>	<p>Results will be posted on TYDE's website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.</p>
<b>COACHES</b>	<p>All coaches on deck must be registered and certified with YMCA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.</p>
<b>OFFICIALS/TIMERS/ VOLUNTEERS</b>	<p>There will be a need for officials. TYDE welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.</p>
<b>HOSPITALITY/ CONCESSIONS</b>	<p>There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.</p>
<b>WARM-UP</b>	<p>In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times</p>

according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down (if available). There is to be no diving or horseplay in this area.

**WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. TYDE, Greensboro Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

## ORDER OF EVENTS

FRIDAY, DEC 9, 2016

Warm-up: 4:00 PM; Meet Start: 5:00 PM

Girls/Women	Event	Boys/Men
101	12 & U 100 FR	102
103	OPEN 400 IM	104
105	12 & U 500 FR	106
107	OPEN 1000 FR	108

SATURDAY, DEC 10

Warm-up: 7:30 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
201	OPEN 200 MEDLEY RELAY	202
203	OPEN 200 IM	204
205	OPEN 50 FR	206
207	OPEN 200 FLY	208
209	OPEN 100 BR	210
211	OPEN 100 BK	212
213	OPEN 200 FR	214

SATURDAY, DEC 10

Warm-up: 12:30 PM; Meet Start: 1:30 PM

Girls/Women	Event	Boys/Men
301	11-12 200 Medley Relay	302
303	10 & U 200 Medley Relay	304
305	11-12 100 IM	306
307	10 & U 100 IM	308
309	11-12 50 FL	310
311	10 & U 50 FL	312
313	11-12 200 FR	314
315	10 & U 200 FR	316
317	11-12 50 BR	318
319	10 & U 50 BR	320
321	11-12 100 BK	322
323	10 & U 100 BK	324

**Sunday, Dec. 11, 2016**  
**Warm up: 7:30 AM; Meet Start: 8:30 AM**

<b>Girls/Women</b>	<b>Event</b>	<b>Boys/Men</b>
<b>401</b>	<b>OPEN 200 FR RELAY</b>	<b>402</b>
<b>403</b>	<b>OPEN 100 FL</b>	<b>404</b>
<b>405</b>	<b>OPEN 200 BR</b>	<b>406</b>
<b>407</b>	<b>OPEN 100 FR</b>	<b>408</b>
<b>409</b>	<b>OPEN 200 BK</b>	<b>410</b>
<b>411</b>	<b>OPEN 500 FR</b>	<b>412</b>

**Sunday, Dec. 11, 2016**  
**Warm up: 12:30 PM; Meet Start: 1:30 PM**

<b>Girls/Women</b>	<b>Event</b>	<b>Boys/Men</b>
<b>501</b>	<b>11-12 200 FR Relay</b>	<b>502</b>
<b>503</b>	<b>10 &amp; U 200 FR Relay</b>	<b>504</b>
<b>505</b>	<b>11-12 100 FL</b>	<b>506</b>
<b>507</b>	<b>10 &amp; U 100 FL</b>	<b>508</b>
<b>509</b>	<b>11-12 50 BK</b>	<b>510</b>
<b>511</b>	<b>10 &amp; U 50 BK</b>	<b>512</b>
<b>513</b>	<b>11-12 200 IM</b>	<b>514</b>
<b>515</b>	<b>10 &amp; U 200 IM</b>	<b>516</b>
<b>517</b>	<b>11-12 50 FR</b>	<b>518</b>
<b>519</b>	<b>10 &amp; U 50 FR</b>	<b>520</b>
<b>521</b>	<b>11-12 100 BR</b>	<b>522</b>
<b>523</b>	<b>10 &amp; U 100 BR</b>	<b>524</b>

**Meet Name**  
**Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to TYDE Swim Team):  
 TYDE Swim Team  
 ATTN: Richard Huffman  
 775 West End Blvd  
 Winston-Salem, NC 27101  
 Email to: coachrichard@swimtyde.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$4.00 per event	
Relay Entries		\$10.00 per relay	
Swimmers (Facility Surcharge)		\$15.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. TYDE, Greensboro Aquatic Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
 SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
 CLUB

\_\_\_\_\_  
 TITLE

\_\_\_\_\_  
 DATE