



2016 WAVE Quad Meet Splash November 12-13, 2016

SANCTION: Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC16200

HOST: New Wave Swim Team
P. O. Box 18012
Raleigh, NC 27619
(919) 981-0644

MEET DIRECTOR: John Roy
coachjohn@bellsouth.net
(919) 906-7946

MEET REFEREE: Ken Clark kennethdclark@bellsouth.net, (919)630-7498

MEET MARSHAL: Ed Lower

FACILITY: Orange County Sportsplex
101 Meadowlands Drive
Hillsborough, NC 27278

Competition Pool: The Triangle Sportsplex pool is an 11 - lane, 25-yard course with non-turbulent lane markers, deck-anchored starting blocks, and a 6-foot depth at both ends. A Colorado 5000 Timing System will be used with watches in each of 10 lanes for competition. A 10 - lane digital scoreboard is on site for our use.

Warm-up/Warm-down Pool: In addition to the competition pool, an adjacent 3 lanes of a 25-meter pool will be available for continuous warm-up/warm-down use throughout the meet.

Other Site Information: Spectator seating for approximately 400 people is available on one side of the pool and there is deck space for additional folding chairs. Boys and girls locker rooms are available. The facility includes a snack bar. The competition course has not been certified in accordance with 104.2.2C(4).

Facility Rules: Please inform your families of the following rules.

- * The facility DOES NOT allow coolers or outside food or beverages.
- * No smoking is allowed inside the facility.
- * No glass containers are allowed inside the facility.
- * Shoes are required in the lobby due to ice skaters on the premises.
- * Only meet volunteers, USA Swimming registered athletes and USA Swimming registered coaches and officials may be on deck (this includes behind the starting blocks, under the scoreboard and the bulkhead).
- * Each team is responsible for cleaning up their area. Please place all trash in receptacles provided.

RULES: This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and the current North Carolina Swimming Rules and Regulations, and the current North Carolina Swimming Safety Program. These rules will serve as the official guide for technical and procedural rules, except wherein are optional and exceptions are herein stated.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

CLASSIFICATION: This will be a Senior Open/Age group Timed final meet for registered swimmers from WAVE, MBRT-SC, GFSC-NC and TBD.

FORMAT:**Timed Finals**

- 1) All events will be swum as timed finals.
- 2) All events will be swum combined girls and boys.
- 3) All events will be swum slowest to fastest with the exception of the 500 yard Free,
- 4) Swimmers in the 500 yard free must provide their own timers and lap counters

ELIGIBILITY:

All participants must be registered athlete members of USA Swimming.

There will be no on-deck registration available at this meet.

List swimmerspage as of **November 12, 2016**.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

WAVE welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit WAVE's ability to accommodate all requests.

SCRATCH RULE:

The current NCS Scratch Rule will be in effect during the conduct of this meet for deck seeded events (see attachment). These rules will serve as the official guide for technical and procedural rules, except wherein are optional and exceptions are herein stated.

ENTRIES:

Please email entries using Hy-Tek Team Manager or compatible program. Entries must include the following: 1) a Hy-Tek Meet Manager compatible entry file 2) team entry report and 3) summary of fees/release form (see last page).

Please note that the Meet Director will strictly enforce the following entry rules:

1. All swimmers must be properly registered before November 12, 2016. The list of swimmers competing in the meet will be forwarded to the NCS Registration Chair for approval.
2. Please list all coaches that will be in attendance. The NCS Registration chair will provide meet management with a list of current coach certifications. Coaches who are not current in all required certifications will not be allowed on deck.

ENTRY LIMITS:

All swimmers are limited to five (5) individual events per day, ten (10) for the meet.

ENTRY DEADLINE:

Wednesday, November 2nd, 2016. Entries will be accepted up until noon.

ENTRY FEES:

Individual Event Fees:	\$ 4.00
NC Swimming Travel Fund:	\$ 3.00 per swimmer
Facility Surcharge:	\$ 10.00 per swimmer

MAIL ENTRIES TO:

WAVE Swimming
P. O. Box 18012
Raleigh, NC 27619
(919) 981-0644

NOTE: All e-mail correspondence should be directed to: coachjohn@bellsouth.net

A TM event file will be made available from the WAVE website at www.newwaveswimteam.org as well as the NCS website www.ncswim.org.

SCHEDULE:**Saturday, November 12, 2016****Session 1:**

1:00-1:45 pm	General Warm-up
1:45-2:00 pm	Specific Warm-up
2:10 pm	Begin Session

Session 2: There will be a 10 minute break following Session 1

Sunday, November 13, 2016**Session 3:**

7:00-7:45 am	General Warm-up
7:45-8:00 am	Specific Warm-up
8:10 am	Begin Session

Session 4: There will be a 10 minute break following Session 3

Meet management reserves the right to adjust meet session and warm-up times after reviewing the projected timeline. Coaches will be informed of any adjustments in the schedule.

CHECK-IN:**Event**

11 & Over 400 IM
Open 500 Free

Check-in Deadline

Saturday by 1:45 pm
Sunday by 9:00 am

**WARM-UP
SCHEDULE:**

Guidelines will be published in the coach's packet. Packets will be available at the Clerk of Course upon presentation of current USA Swimming coach credentials. Lane assignments will be based on the number of participants from each club. Assignments will be posted and a copy available in the coach's packet. Specific warm-up procedures will be described in the coach's packet as well.

ORDER OF EVENTS: Please see attached schedule.

SEEDING:

All Individual events, 200 yards and shorter, will be pre-seeded. Please notify the Clerk of Course as early as possible for known scratches.

Failure to check-in an athlete for events 400 yards and longer by the designated deadline will result in the athlete being scratched from the event.

AWARDS:

Awards will not be given

SCORING:

This meet will not be scored. Results will be listed as 10 & Under, 11-12, 13-14 and 15 & Over.

SAFETY:

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed. As at any pool, the deck may be slippery and caution should be taken to prevent accidents. NO blocking of fire exits, which includes doorways and passages. Coaches must carry their coach certification cards at all times when on the pool deck and must hold current certifications and registration with USA Swimming.

COACHES:

A coach's packet will be available for all clubs at the start of warm-ups on Saturday. A current 2016 USA Swimming coach membership card will be required to obtain the packet and must be carried and visible at all times on deck **by all coaches.**

There will be a coaches meeting Saturday, November 12, 2016 at 12:45 pm in the Hospitality room and as announced by the Meet Referee.

OFFICIALS:

There will be an officials meeting Saturday, November 12, 2016 at 1:15 pm in the Hospitality room and 30 minutes prior to the start of each of the other sessions as needed.

We welcome all certified and apprentice officials. If you know in advance that you will be attending and wish to volunteer for this meet, please notify the Meet Referee: Ken Clark kennethdclark@bellsouth.net, (919) 630-7498

“All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches shall prominently display their registration cards while on deck.”

HOSPITALITY: There will be a hospitality room available to all coaches and officials.

VOLUNTEERS: Volunteer timers and officials are welcome.

USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC., THE NEW WAVE SWIM TEAM, INC., ORANGE COUNTY SPORTSPLEX AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

2016 WAVE Quad-Meet Splash ORDER OF EVENTS

Saturday, November 12, 2016

Session 1: 1:00-1:45 pm General Warm-up
1:45-2:00 pm Specific Warm-up
2:10 pm Begin Session

1	11 & Older 400 Yd IM
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Session 2: 10 minute break following Session 1

2	12 & Under 100 IM
3	Open 100 Yd Backstroke
4	Open 200 Yd Freestyle
5	Open 100 Yd Butterfly
6	11 & Older 200 Yd Breaststroke
7	12 & Under 50 Yd Breaststroke
8	Open 50 Yd Freestyle

Sunday, November 13, 2016

Session 3: 7:00-7:45 am General Warm-up
7:45-8:00 am Specific Warm-up
8:10 am Begin Session

9	Open 200 Yd IM
10	Open 100 Yd Freestyle
11	11 & Older 200 Yd Butterfly
12	12 & Under 50 Yd Butterfly
13	Open 100 Yd Breaststroke
14	11 & Older 200 Yd Backstroke
15	12 & Under 50 Yd Backstroke

Session 4: 10 minute break following Session 3

16	Open 500 Yd Freestyle
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NCS Scratch Rule

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer is entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
 - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
 - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
 - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
 - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
 - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
 - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
 - C. The swimmer was not named in any finals heat during the initial announcement of results
 - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.

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Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to WAVE Swimming):

WAVE Swimming
P. O. Box 18012
Raleigh, NC 27619
(919) 981-0644

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$ 4.00 per event	
NC Travel Fund		\$ 3.00 per swimmer	
Facility Surcharge		\$10.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. New Wave Swim Team, Orange County Sportsplex, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE