



2016 Dynamo Vs SwimMAC Carolina Age Group Dual Meet
 Hosted by SwimMAC Carolina
 Saturday November 5th & Sunday November 6th, 2016
 Held at SwimMAC @ Charlotte Latin
 9850 Providence Road, Charlotte, NC 28277

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC16197

Meet Director Kristen Lyons 704.231.6595 jklyons@yahoo.com	Meet Entry Coordinator Sarah Holman 859.516.8107 sholman@swimmaccarolina.org
Meet Referee Sharon Browning shazztb@gmail.com	Meet Marshall Terry Fritch 704.579.7026 tfritch@swimmaccarolina.org

FACILITY

The SwimMAC Swim Center is a 30,000 square foot facility featuring a 50 meter by 25 yard Paddock Pool racing tank. The pool is equipped with Competitor 4” Racing Lanes and uses Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and a ten lane scoreboard. Hy-Tek Meet Manager software will be used. In the 25 yard competition pool, the pool depth ranges from 6 feet at the starting end to 12 feet at the far end of the pool with ten, 8 foot wide lanes. There will be up to 12 additional lanes available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is bleacher seating for 600 competitors and spectators.

MEET FORMAT

This is a timed final Age Group pre-seeded meet unless otherwise indicated. Meet management reserves the right to limit heats and combine events if needed to manage the timeline.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	12:30pm	1:30pm	12&u, 13-14
2	Sunday	8:30am	9:30am	12&u, 13-14

Deadline and Meeting Summary:

Day, Date	Time	For:
Wednesday, October 26, 2016	10:00pm	Entry Deadline
Saturday, November 5 th , 2016	12:15pm	General Meeting
Saturday, November 5 th , 2016	12:45pm	Officials Briefing
Saturday, November 5 th , 2016	1:00pm	Relay Cards Due
Saturday, November 5 th , 2016	1:00pm	Positive Check In Closes
Sunday, November 6 th , 2016	8:45am	Official Briefing
Sunday, November 6 th , 2016	9:00am	Relay Cards Due
Sunday, November 6 th , 2016	9:00am	Positive Check In Closes

SAFETY The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

ELIGIBILITY All swimmers must be registered with USA Swimming, Inc. and the following teams: SwimMAC Carolina and Dynamo Swim Club. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES SwimMAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC's ability to accommodate all requests.

ENTRIES Entries submitted in Hy-tek format require no hard copy entry forms. Email is preferred for electronic entries. A swimmer's age on the first day of the meet will determine their age for the entire meet. Entries will be received until the four hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 8 individual events and 2 relays for the weekend, with no more than 4 individual and 1 relay each session. A team may enter up to 5 relays but only 3 may score.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: SwimMAC; All fees are non-refundable.

Individual Event	\$5.00 per event
Relays	\$8.00 per relay
NCS Travel Fund	\$3.00 per swimmer

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

CHECK-IN

The 500 Freestyle and 400 IM will be deck-seeded and will require positive check in. Positive check-in will be located at the Clerk of Course. Positive check-in closes at the times indicated in the Deadline and Meeting Summary above.

SCRATCHES

There will be no penalty for scratching pre-seeded events at the block. The NCS Scratch Rule is in effect for this meet. The NCS Scratch Rule is included in the Meet Announcement on the last page.

SCORING

Individual events: 11-9-8-7-6-5-4-3-2-1 points. Relays: 22-18-16-14 -12-10 points. 3 Relays can score per team.

AWARDS

None

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a General Meeting on Saturday, November 5th at 12:15 pm in the Hospitality room. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. Coaches are accountable for all information presented in the coaches meetings

OFFICIALS/TIMERS/ VOLUNTEERS

There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Officials briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. SwimMAC, Charlotte Latin School, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Summary of Fees/Release Form
 Complete and email or mail this form along with entry fees to
 (checks payable to SwimMAC Carolina):

SwimMAC Carolina ATTN: Meet Entry Chair 9850 Providence Rd., Charlotte, NC 28277

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Cost per	Total
Total Individual Entries	\$5.00 per event	
Total Relay Entries	\$8.00 per relay	
Total Swimmers (Travel Fund & Facility Surcharge)	\$3.00 per swimmer	
Late Fees	\$5.00 per event	
Total Fees Due		

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. SwimMAC Carolina, Charlotte Latin @ SwimMAC, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

Order of Events
 Saturday November 5th
 Warm-up: 12:30pm; Meet Start: 1:30pm

Girls/Women	Event	Boys/Men
1	13-14 200 Free Relay	2
3	12&u 200 Free Relay	4
5	13-14 200 IM	6
7	12&u 200 IM	8
9	13-14 100 Free	10
11	12&u 100 Free	12
13	13-14 200 Breast	14
15	12&u 200 Breast	16
17	13-14 100 Back	18
19	12&u 100 Back	20
21	13-14 200 Fly	22
23	12&u 200 Fly	24
25	13-14 500 Free**	26
27	12&u 500 Free**	28

** Swimmers must provide their own timer and counter for the 500 Free.

2016 Dynamo VS SwimMAC Carolina Age Group Dual Meet
 Order of Events
 Sunday November 6th
 Warm-up: 8:30am; Meet Start: 9:30am

29	13-14 200 Medley Relay	30
31	12&u 200 Medley Relay	32
33	13-14 200 Free	34
35	12&u 200 Free	36
37	13-14 100 Breast	38
39	12&u 100 Breast	40
41	13-14 200 Back	42
43	12&u 200 Back	44
45	13-14 100 Fly	46
47	12&u 100 Fly	48
49	13-14 400 IM	50
51	12&u 400 IM	52

NCS Scratch Rule

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

.1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.

.2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer is entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.

.3 Preliminary and Finals Events

A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies

B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete

D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim

E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)

.4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:

A. The Referee is notified in the event of illness or injury and accepts the proof thereof.

B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.

C. The swimmer was not named in any finals heat during the initial announcement of results

D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

.1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.