

ECA Happy St. Qualifier
Hosted by East Carolina Aquatics
February 14, 2016

- Sanction:** Held under the Sanction of USA Swimming, Inc. issued by North Carolina Swimming, Inc., **Sanction #NC16078**
- Meet Director:** Casey Charles ecacoachcasey@gmail.com
- Meet Referee:** Bob Landry roblandry@suddelink.com
- Sponsor:** East Carolina Aquatics
- Location:** Minges Natatorium
East Carolina University
Greenville, NC 28590
- Date:** Sunday, February 14, 2016
- Times:** Sunday AM Session Sunday PM Session
Warm-ups: 8:30 AM Warm-ups: 3:00 PM
Meet Starts: 9:30 AM Meet Starts: 3:45 PM
- Warm-ups:** Warm-up lane assignments will be determined after the coaches entries have been received and will be included in the coaches packets.
- Classification:** IntraSquad
- Rules:** The meet will be conducted in accordance with current USA Swimming Rules and Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.
- No deck seeding will be permitted
No penalty shall apply for failure to compete in or scratch an individual event.
- Competition Course:** The facility has an 8-lane 25 yard non-turbulent competition pool and 6 lanes available for continuous warm-up/warm-down. The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming. 6-8 lanes will be used for this competition depending on number of entries.
- Timeline and Meet Entry Constraints:** Meet Management reserves the right to combine any events as needed and reserves the right to limit the number of heats or entries in any event to control meet timelines. This includes events with combined age groups.

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated. NO blocking of fire exits, which includes doors and passages.**

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks.

Deck changes are prohibited.

Eligibility: ECA-NC, and associated unattached athletes only. All athletes must be registered with USA Swimming, Inc. Registrations will be checked according to NCS rules.

Racing Starts: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmers with Disabilities: ECA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit ECA's ability to accommodate all request.

Entries: All entries should be submitted in Hy-tek format, and will be matched to the appropriate event by the event number. Entries may be submitted via email. However hard copies of each entry, showing the swimmers' ages as of January 29, 2015 must be included in the normal post delivery along with the summary sheet, team checklist, and payment. **All entry information must be received by midnight February 5, 2016.**

Teams will be required to resubmit their entire corrected meet entry file to resolve any meet entry issues as the meet staff does not have the capacity to correct entries for individual swimmers or events. If meet entries must be limited, they will be accepted in the order in which final and completely correct entry files and complete payment of all entry fees are received until the meet capacity is reached.

Entry Limit: Swimmers are limited to 4 events per session and/or 5 events for the day.

Please Note: 12 & Under swimmers will *not* be allowed to participate beyond the NCS 4-hour-rule window. ON DECK registrations will be accepted at the discretion of the meet referee.

Entry Deadline: All entry information must be received by midnight February 5, 2016.

Entry Fees: Individual events- FREE
Relay events- FREE
Facility Surcharge- FREE

Mail Entries & Fees To: ECA IntraSquad
103 Prince Charles Court
Winterville, NC 28590
(252) 341-1044 ECACoachCasey@gmail.com
Please make checks payable to East Carolina Aquatics

Do not send entries in a manner that requires signature upon delivery. Email verification of receipt will be sent.

Meetings: Officials Meeting at 8:45 am. Coaches Meeting at 9:15 am.

Credentials: All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches shall prominently display their registration cards while on deck.

Release Statement: USA Swimming, Inc., North Carolina Swimming, Inc., the Greenville Swim Club, and Minges Natatorium shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Schedule of Events:**Sunday AM Session:****Warm-ups – 8:30 AM****Meet Starts – 9:30 AM**

1	50 Freestyle	2
3	50 Butterfly	4
5	100 Backstroke	6
7	200 Breaststroke	8
9	100 IM	10
11	500 Freestyle	12
13	100 Butterfly	14
15	200 Backstroke	16
17	50 Breaststroke	18
19	200 IM	20
21	200 Freestyle	22
23	200 Butterfly	24
25	50 Backstroke	26
27	100 Breaststroke	28
29	400 IM	30
31	100 Freestyle	32
33	1000 Freestyle	34
35	50 Freestyle	36
37	50 Butterfly	38
39	100 Backstroke	40
41	200 Breaststroke	42
43	100 IM	44
45	500 Freestyle	46
47	100 Butterfly	48
49	200 Backstroke	50
51	50 Breaststroke	52
53	200 IM	54
55	200 Freestyle	56
57	200 Butterfly	58
59	50 Backstroke	60
61	100 Breaststroke	62
63	400 IM	64
65	100 Freestyle	66
67	1000 Freestyle	68
69	50 Freestyle	70

Sunday PM

Warm-ups – 3:00 PM

Meet Starts – 3:45 PM

71	50 Freestyle	72
73	50 Butterfly	74
75	100 Backstroke	76
77	200 Breaststroke	78
79	100 IM	80
81	500 Freestyle	82
83	100 Butterfly	84
85	200 Backstroke	86
87	50 Breaststroke	88
89	200 IM	90
91	200 Freestyle	92
93	200 Butterfly	94
95	50 Backstroke	96
97	100 Breaststroke	98
99	400 IM	100
101	100 Freestyle	102
103	1000 Freestyle	104
105	50 Freestyle	106