

GCY Fall Spooktacular

Hosted by the Greensboro Community YMCA Swim Team



October 30-November 1, 2015
Held at Greensboro Aquatic Center
1921 West Gate City Blvd, Greensboro, NC 27435

Held under the Sanction of USA Swimming, Inc., issued by
North Carolina Swimming, Inc.
Sanction #NC15169

MEET DIRECTOR	MEET ENTRY COORDINATOR
Angie Carr 336-266-6384 atcarr@triad.rr.com	Cynthia Shannon 501 West Market Street Greensboro, NC 27401 336-478-9635 gcyimakos@gmail.com
MEET REFEREE	MEET MARSHALL
Cynthia Shannon 336-317-1769 CynthiaLShannon@gmail.com cynthia.shannon@ymcagreensboro.org	Brad Herndon 501 West Market Street Greensboro, NC 27401 336-478-9635 brad.herndon@ymcagreensboro.org
ADMINISTRATIVE REFEREE	
Oneta Manuel 910-990-6449 moneta697@gmail.com	

FACILITY

The Greensboro Aquatic Center is a state-of-the-art indoor facility with three pools. The main competition pool is 9-10 feet deep at both ends and can be configured into two 25-yard courses with up to ten 7-foot wide lanes each. All lanes feature non-turbulent lane lines and Colorado starting blocks. Up to ten lanes will be used for this competition. The Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. At least three lanes will be open for continuous warm up and down.

Seating for 1800 spectators is available.

Parking will be available for \$5 per day with unlimited entry and exit. Free parking passes will be provided for volunteers, coaches and officials. In addition any coach or official who presents a 2015 or 2016 USAS membership card to the gate attendant at the volunteer lot will receive free parking.

MEET FORMAT

This is an Age Group/Open timed final meet.

Session	Day	Warm-up	Session Start	Age Group
1	Friday	4:30 PM	5:30 PM	8 & Under/Open
2	Saturday	7:00 AM	8:00 AM	Open
3	Saturday	Not before 12:00	Not before 1:00 PM	12 & Under
4	Sunday	7:00 AM	8:00 AM	Open
5	Sunday	Not before 12:00	Not before 1:00 PM	12 & Under

DEADLINE AND MEETING SUMMARY:

Date	Time	For:
Tuesday, October 20, 2015	Midnight	Entry deadline
Saturday, October 31, 2015	6:45 AM	General Meeting
Oct 30-Nov 1, 2015	45 minutes prior to each session start	Officials' Briefings
Friday, October 30, 2015	5:00 PM	Positive Check-in for: <ul style="list-style-type: none"> • Open 400-yard Individual Medley • Open 1000-yard Freestyle
Sunday, November 1, 2015	7:30 AM	Positive Check-in for Open 500-yard Freestyle
Sunday, November 1, 2015	30 minutes prior to the session start	Positive Check-in for 12 & Under 500-yard Freestyle

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

- This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.
- All events will be swum as timed finals.
- Deck entries (only to fill empty lanes) will be taken until 30 minutes prior to the start of the session.
- The referee and meet management reserve the right to combine heats and/or events.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on-deck registration available at this meet. No qualifying times are required. Swimmers ages will be determined as of October 30, 2015.

SWIMMERS WITH DISABILITIES

GCY welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities who require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit GCY's ability to accommodate all requests.

ENTRIES

Entries submitted in Hy-Tek format require no hard copy entry forms. Email is preferred for electronic entries. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the first day of the meet for entries to be considered complete. Entries will be entered in the order received. GCY reserves the right to limit entries in order to comply with the four-hour rule. Rejected entries will be returned immediately. All relay-only swimmers must be listed and pay the Facility Surcharge & NC Travel Fund fee. Unless entries are rejected, entry fees are non-refundable. The conforming time for this meet is SCY. Entries should be made with SCY times, converted LCM times, or estimated SCY times. NT will be seeded last. All relay-only swimmers including alternates must be listed.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 5 individual events plus 1 relay per day and a total of 12 individual events and 2 relays for the meet. There is no limit on the number of relay entries per team. Meet management reserves the right to limit the number of total entries to comply with the 4-hour time rule. In addition all positive check-in events may be limited to the fastest 4 heats of women and men of each event. Meet management may combine heats or events as well as use 2 pools to adhere to the timeline.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by midnight on Tuesday, October 20, 2015. Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES

Make checks payable to: Bryan YMCA; All fees are non-refundable	
Individual Event	\$4.00 per event
Relays	\$10.00 per relay
NCS Travel Fund	\$3.00 per swimmer
Facility Surcharge	\$10.00 facility surcharge per swimmer, including relay-only swimmers
Late Entry Fee	\$8.00 per individual event; \$20 per relay event

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order.

CHECK-IN	<p>A positive check-in, located in Clerk of Course, will be required for the following events:</p> <ul style="list-style-type: none"> • Open 400-yard Individual Medley • Open 1000-yard Freestyle • Open 500-yard Freestyle • 12 & under 500-yard Freestyle <p>Check-in for the events above will be closed 30 minutes prior to the start of each session. Swimmers failing to check in will be scratched from the event and not seeded. A swimmer who has checked in, been seeded, and fails to compete in said event, shall be barred from his/her next individual event.</p>
SCRATCHES	<p>There will be no penalty for scratching pre-seeded events at the block.</p>
SCORING	<p>This meet will not be scored.</p>
AWARDS	<p>Ribbons will be awarded to the top 8 finishers for ages 10 and under and ages 11-12 individual events and to the top 3 finishers for 12 and under relay events. No ribbons will be awarded for open events.</p>
RESULTS	<p>Results will be posted on GCY's website within 24 hours of the meet's conclusion. At the conclusion of the meet, teams will be e-mailed a Hy-Tek results file.</p>
COACHES	<p>All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification and registration. Coaches shall prominently display their registration cards at all times while on deck. There will be a general meeting at 6:45AM on Saturday, October 31, 2015. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all meetings.</p>
OFFICIALS/ TIMERS/ VOLUNTEERS	<p>There will be a need for officials and timers. GCY welcomes and encourages anyone willing to officiate to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification and registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area 45 minutes before each session.</p>
HOSPITALITY/ CONCESSIONS	<p>There will be a hospitality area open to all coaches and officials. On-deck hospitality will be available for timers and other volunteers. Refreshments for spectators will be available at the concession stand in the concourse.</p>
WARM-UP	<p>Guidelines will be published in coaches' packets to be picked up at clerk of course upon arrival. The Meet Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.</p>

ORDER OF EVENTS

Session 1
Friday, October 30, 2015
Warm-up: 4:30 p.m.; Session Start: 5:30 p.m.

Women	Event	Men
101	8 & Under 25-yard Freestyle	102
103	8 & Under 25-yard Backstroke	104
105	8 & Under 25-yard Breaststroke	106
107	8 & Under 25-yard Butterfly	108
109	* * * Open 400-yard Individual Medley* * *	110
111	Open 50-yard Freestyle	112
113	* * * + Open 1000-yard Freestyle + * * *	114

* * * May be limited to the fastest 4 heats of women and men * * *

Positive check-in is required.

Swimmers should provide their own timers and counters.

+ Event will be swum fastest to slowest alternating women and men. +

Session 2
Saturday, October 31, 2015
Warm-up: 7:00 a.m.; Session Start: 8:00 a.m.

Women	Event	Men
201	Open 200-yard Medley Relay	202
	* 5-minute break *	
203	Open 100-yard Breaststroke	204
205	Open 200-yard Butterfly	206
207	Open 100-yard Backstroke	208
209	Open 200-yard Breaststroke	210
211	Open 200-yard Freestyle	212

Session 3
Saturday, October 31, 2015
Warm-up: Not before 12:00 p.m.; Session Start: Not before 1:00 p.m.

Women	Event	Men
301	12 & Under 200-yard Medley Relay	302
	* 5-minute break *	
303	10 & Under 50-yard Butterfly	304
305	11-12 50-yard Butterfly	306
307	10 & Under 100-yard Backstroke	308
309	11-12 100-yard Backstroke	310
311	10 & Under 50-yard Breaststroke	312
313	11-12 50-yard Breaststroke	314
315	10 & Under 50-yard Freestyle	316
317	11-12 50-yard Freestyle	318
319	10 & Under 100-yard Individual Medley	320
321	11-12 100-yard Individual Medley	322
323	10 & Under 200-yard Freestyle	324
325	11-12 200-yard Freestyle	326

Session 4
Sunday, November 1, 2015
Warm-up: 7:00 a.m.; Session Start: 8:00 a.m.

Women	Event	Men
401	Open 200-yard Freestyle Relay	402
	* 5-minute break *	
403	Open 200-yard Individual Medley	404
405	Open 100-yard Freestyle	406
407	Open 200-yard Backstroke	408
409	Open 100-yard Butterfly	410
411	* * * Open 500-yard Freestyle * * *	412

* * * May be limited to the fastest 4 heats of women and men * * *

Positive check-in is required

Swimmers should provide their own timers and counters.

Event will be swum fastest to slowest alternating women and men.

Session 5
Sunday, November 1, 2015
Warm-up: Not before 12:00 p.m.; Session Start: Not before 1:00 p.m.

Women	Event	Men
501	12 & Under 200-yard Freestyle Relay	502
	* 5-minute break *	
503	10 & Under 100-yard Butterfly	504
505	11-12 100-yard Butterfly	506
507	10 & Under 50-yard Backstroke	508
509	11-12 50-yard Backstroke	510
511	10 & Under 100-yard Breaststroke	512
513	11-12 100-yard Breaststroke	514
515	10 & Under 100-yard Freestyle	516
517	11-12 100-yard Freestyle	518
519	10 & Under 200-yard Individual Medley	520
521	11-12 200-yard Individual Medley	522
523	* * * 12 & Under 500-yard Freestyle * * *	524

* * * May be limited to the fastest 4 heats of women and men * * *

Positive check-in is required

Swimmers should provide their own timers and counters.

Event will be swum fastest to slowest alternating women and men.

GCY Fall Spooktacular Swim Meet

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees (checks payable to Bryan YMCA)

to:

GCY Swim Team
 ATTN: Cynthia Shannon
 501 West Market St
 Greensboro, NC 27401

Email to: Cynthia.shannon@ymcagreensboro.org

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$4.00 per event	
Relay Entries		\$10.00 per relay	
Swimmers (Facility Surcharge)		\$13.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc., and North Carolina Swimming, Inc., regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. The Greensboro Community YMCA Swim Team, the YMCA of Greensboro, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative) CLUB

TITLE DATE