

Cullen Jones Diversity Invitational

Hosted by Queen City Dolphins and Mecklenburg County Aquatic Center

October 11-13, 2013

Held at Mecklenburg County Aquatic Center, 800 East Martin Luther King Jr. Blvd, Charlotte, NC 28202-2874, 704-336-3483

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #NC13149

MEET DIRECTOR	MEET ENTRY COORDINATOR
Rodney Sellars 800 East Martin Luther King Jr. Blvd. Charlotte, NC 28202-2874 980-721-5164 rodney.sellars@mecklenburgcountync.gov	Lisa Olack lisa.olack@yahoo.com
MEET REFEREE	MEET MARSHALL
Lisa Olack lisa.olack@yahoo.com	Marcus Green marcus@qcdswim.org

FACILITY

The competition pool is a 25 yard pool equipped with 8, 9 foot wide lanes with non-turbulent lane lines and Paragon starting blocks which will be used for competition in accordance with USA Swimming diving depth guidelines. Minimum depth is 6.5 feet at the scoreboard end and 13 feet at the diving board end. Colorado 6000 electronic timing system with a full color scoreboard will be used. The scoreboard end of the pool will be used for this meet. In this 25 yard competition pool the pool depth ranges from 6.5 feet at the start end to 7 feet at the turn end (bulkhead). There will be 4 additional lanes available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Seating for 1000 people is available with ample parking areas within 100 yards of the facility. Smoking is not permitted inside the building. Absolutely no glass bottles will be allowed on the pool deck.

MEET FORMAT

This is a timed final pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Group
1	Fri., Oct. 11, 2013	4:00 PM	5:00 PM	All
2	Sat., Oct. 12, 2013	7:30 AM	8:30 AM	12 & Under
3	Sat., Oct. 12, 2013	At the conclusion of the AM session but not before 12:30 PM	60 minutes after start of warm-up	13 & Over
4	Sun., Oct. 13, 2013	7:30 AM	8:30 AM	12 & Under
5	Sun., Oct. 13, 2013	At the conclusion of the AM session but not before 12:30 PM	60 minutes after start of warm-up	13 & Over

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tues., Oct. 1, 2013	5:00 PM	Entry deadline
Fri., Oct. 11, 2013	3:30 PM	General Meeting
Fri., Oct. 11, 2013	4:00 PM	Official Briefing
Fri., Oct. 11, 2013	4:30 PM	All 400 IM and 500 Free positive check in closes
Sat., Oct. 12, 2013	7:30 AM	Official Briefing
Sat., Oct. 12, 2013	12:30 PM	Official Briefing
Sun., Oct. 13, 2013	1:00PM	All 1000 Free positive check in closes
Sun., Oct. 13, 2013	7:30 AM	Official Briefing
Sun., Oct. 13, 2013	12:30 PM	Official Briefing

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

Queen City Dolphins welcome all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Queen City Dolphins' ability to accommodate all requests.

ENTRIES

Email is to be used for all entries. No telephone or fax entries will be accepted. Entries should be submitted using Hy-tek software. A hard copy of the entries should be submitted with the electronic file however, in case of a discrepancy, the electronic file will take precedence over the hard copy. All times must be in short course yards only. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Director by the entry deadline as stated in the Deadline and Meet Summary above. A swimmer's age on the first day of the meet will determine their age for the entire meet. Queen City Dolphins entries will be entered first and then accept teams/entries in the order received, until the four hour rule or maximum number of swimmers allowed for the meet is reached. Entries received thereafter will be returned immediately. **All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.**

ENTRY LIMITATIONS

Swimmers may swim a maximum of 4 individual events per day plus relays. A maximum of 500 swimmers will be allowed to enter the meet. It is expected that the meet will fill up quickly so it is encouraged that entries be sent early to avoid being returned.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary above. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: Queen City Dolphins, Inc.; All fees are non-refundable, except if rejected for non-compliance or meet has reached capacity	
Individual Event	\$3.50 per event for NC Swimmers; Out of state-\$4.00
Relays	\$10.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Out of State Surcharge	\$2.00 per swimmer
Facility Surcharge	\$10.00 per swimmer
Late Entry Fee	Double the individual and relay fees listed if accepted

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All times must be submitted in short course yards.

CHECK-IN

A positive check-in will be required for the following events:

- Senior 400 IM
- 13-14 400 IM
- 11-12 500 Free
- 13-14 500 Free
- Senior 500 Free
- 13-14 1000 Free
- Senior 1000 Free

Check in for event will be as stated in the Deadline and Meeting Summary above. Swimmers that fail to check in will be scratched from the event and not seeded. All deck seeded events listed above will swim slow to fast.

SCRATCHES

There will be no penalty for scratching pre-seeded events at the block.

SCORING

All scoring will be on an eight (8) place basis.

- Individual events: 9-7-6-5-4-3-2-1
- Relay events: 18-14-12-10-8-6-4-2

AWARDS

Ribbons will be awarded to the top 8 finishers for each individual event and top 3 finishers for relay events. A plaque for the top female and top male high point.

RESULTS

Results will be posted on North Carolina Swimming's website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a general meeting at the date and time listed in the Deadline and Meeting Summary above. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. Queen City Dolphins welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary above. Teams will be asked to provide timers for the 1000 free style as well as counters. Queen City Dolphins also requests that each team assist with providing timers during the meet.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be for sale in the MCAC Snack Bar. Absolutely no glass bottles are allowed on the pool deck.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. For all sessions the schedule will be as follows: The first 40 minute-general circle swim only. No diving from the blocks or edge of pool during this time. The last 15 minutes will be: lanes 1 and 2, general warm-up, lanes 3 and 8, pace lanes, and lanes 4 through 7 racing starts from start end of the pool, one way swim only, exiting from the turn end of the pool. During the competition, there will be lanes available for continuous warm-up/down. Coaches will be responsible for monitoring his/her team's activities in this area. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Queen City Dolphins, Mecklenburg County Parks and Recreation Department, North Carolina Swimming, Inc., Cullen Jones, and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Friday, October 11, 2013
Warm-up: 4:00 PM; Meet Start: 5:00 PM

Girls/Women	Event	Boys/Men
1	8 & Under 100 Free Relay	2
3	Senior 400 IM	4
5	8 & Under 25 Back	6
7	13-14 400 IM	8
9	8 & Under 25 Breast	10
11	11-12 200 IM	12
13	8 & Under 25 Fly	14
15	*11-12 500 Free	16
17	8 & Under 25 Free	18
5 Minute Break		
19	8 & Under 100 Medley Relay	20
21	*13-14 500 Free	22
23	*Senior 500 Free	24

*Individuals must provide their own counter.

Saturday, October 12, 2013
AM Session
Warm-up: 7:30 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
25	10 & Under 50 Back	26
27	11-12 50 Back	28
29	10 & Under 100 Free	30
31	11-12 100 Free	32
33	10 & Under 100 IM	34
35	11-12 100 IM	36
37	10 & Under 50 Breast	38
39	11-12 50 Breast	40
41	10 & Under 100 Fly	42
43	11-12 100 Fly	44
45	10 & Under 200 IM	46
10 Minute Break		
47	11-12 200 Medley Relay	48
49	10 & Under 200 Medley Relay	50

Saturday, October 12, 2013
PM Session

Warm-up: at the conclusion of the AM session but not before 12:30 PM; Meet Start: 60 minutes after start of warm-up

Girls/Women	Event	Boys/Men
51	13-14 200 IM	52
53	Senior 200 IM	54
55	13-14 100 Back	56
57	Senior 100 Back	58
59	13-14 200 Breast	60
61	Senior 200 Breast	62
63	13-14 100 Free	64
65	Senior 100 Free	66
67	13-14 200 Fly	68
69	Senior 200 Fly	70
10 Minute Break		
71	13-14 200 Medley Relay	72
73	Senior 200 Medley Relay	74

Sunday, October 13, 2013
AM Session
Warm-up: 7:30 AM; Meet Start: 8:30 AM

Girls/Women	Event	Boys/Men
75	10 & Under 200 Free	76
77	11-12 200 Free	78
79	10 & Under 100 Back	80
81	11-12 100 Back	82
83	10 & Under 50 Free	84
85	11-12 50 Free	86
87	10 & Under 100 Breast	88
89	11-12 100 Breast	90
91	10 & Under 50 Fly	92
93	11-12 50 Fly	94
10 Minute Break		
95	10 & Under 200 Free Relay	96
97	11-12 200 Free Relay	98

Sunday, October 13, 2013
PM Session
Warm-up: at the conclusion of the AM session but not before 12:30 PM; Meet Start: 60
minutes after start of warm-up

Girls/Women	Event	Boys/Men
99	13-14 200 Free	100
101	Senior 200 Free	102
103	13-14 100 Breast	104
105	Senior 100 Breast	106
107	13-14 200 Back	108
109	Senior 200 Back	110
111	13-14 100 Fly	112
113	Senior 100 Fly	114
115	13-14 50 Free	116
117	Senior 50 Free	118
10 Minute Break		
119	13-14 200 Free Relay	120
121	Senior 200 Free Relay	122
10 Minute Break		
123	*13-14 1000 Free	124
125	*Senior 1000 Free	126

*Individuals must provide their own timer and counter.

Queen City Dolphins Short Course Invitation

Summary of Fees/Release Form

Complete and mail this form along with entry fees to (checks payable to Queen City Dolphins, Inc.):
 Queen City Dolphins
 ATTN: Rodney Sellars
 800 East Martin Luther King Jr. Blvd
 Charlotte, NC 28202-2874

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries-NC Swimmers		\$3.50 per event	
Individual Entries-Out of State Swimmers		\$4.00 per event	
Relay Entries		\$10.00 per relay	
Swimmers (Travel Fund & Facility Surcharge)-NC Swimmers		\$13.00 per swimmer	
Swimmers (Travel Fund, & Facility, Out of State Surcharge)-Out of State Swimmers		\$15.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Queen City Dolphins, Mecklenburg County Parks and Recreation Dept., North Carolina Swimming, Inc., Cullen Jones, and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE