



NOMAD Holiday Invite
 Hosted by NOMAD Aquatics
 December 9th, 10th and 11th, 2011
 Held at NOMAD AQUATICS AND FITNESS
 11202 HARRIS RD.
 HUNTERSVILLE, NC 28078



Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction #11142

MEET DIRECTOR	MEET ENTRY COORDINATOR
Missy Hubbard 704-949-1543 704-949-1550 Fax missy@nomadaquatic.com	Leigh 13016 Eastfield Road, Suite 200 Huntersville, NC 28078 leigh@nomadaquatic.com
MEET REFEREE	MEET MARSHALL
Lou Mondelli/Bill Vey Lou_Mondelli@muzak.com/wvey@carolina.rr.com	Missy Hubbard 704-949-1543 704-949-1550 Fax missy@nomadaquatic.com

FACILITY

Competition Pool with 10 lanes, depth is 6 ft. equipped with non-turbulent 8' wide lane lines and permanent built-in starting blocks. An IST electronic timing system with ten-line scoreboard will be used. Stopwatches/backup buttons will be used for backup times. 1500 sq. ft locker rooms are provided for athletes. Spectator seating for 500. Spectators to bring their tents and chairs. The competition course has not been certified in accordance with 104.2.2C(4). Visit www.nomadaquatic.com to view the facility.

MEET FORMAT

Age Group/Senior, Blue Ridge Swim League closed meet.

Session	Day	Warm-up	Meet Start	Session Type	Age Group
1	Friday	4:00 PM	5:00 PM	Timed Finals	All
2	Saturday-AM	8:00 AM	9:00 AM	Prelims	13-14/Senior
3	Saturday-Mid	12:00 PM	1:00 PM	Timed Finals	10 & Under/11-12
4	Saturday-PM	5:00 PM	6:00 PM	Finals	13-14/Senior
5	Sunday-AM	8:00 AM	9:00 AM	Prelims	13-14/Senior
6	Sunday-Mid	12:00 PM	1:00 PM	Timed Finals	10 & Under/11-12
7	Sunday-PM	TBA	TBA	Finals	13-14/Senior

DEADLINE AND MEETING SUMMARY: (keep section in chronological order)

Day, Date	Time	For:
Tuesday, Nov. 29, 2011	6:00 PM	Entry deadline
Friday, Dec. 9, 2011	3:45 PM	Coaches/General Meeting
Sunday, Dec. 11, 2011	9:00 AM	Positive check in for events 101 thru 108, 1000 Free and 1650 Free

SAFETY	The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.
RACING STARTS	Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
RULES	This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc., North Carolina Swimming, Inc., and current members in good standing with the Blue Ridge Swim League. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.
SWIMMERS WITH DISABILITIES	NOMAD Aquatic welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit NOMAD Aquatic's ability to accommodate all requests.
ENTRIES	<p>Entries must be submitted using HY-TEK Team Manager. List ages of swimmers as of December 9th, 2011. PLEASE DOWNLOAD EVENTS FILE. Entries should be e-mailed to: leigh@nomadaquatic.com</p> <p>All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.</p>
ENTRY LIMITATIONS	<p>Swimmers 12 & Under may enter a maximum of four (4) individual events per day and two (2) relay events which will be timed final events.</p> <p>Swimmers 13 & Over may enter three (3) events per day plus relays which are prelim and finals events.</p>
ENTRY VERIFICATION	An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.
ENTRY DEADLINES	The Meet Entry Coordinator must receive entries by Tuesday, Nov. 29, 2011 @ 6:00 PM. Late entries may be accepted at the discretion of the Meet Referee but will not be seeded.

ENTRY FEES

Make checks payable to: Nomad Aquatics; All fees are non-refundable	
Individual Event	\$2.50 per Timed Final event
Individual Event	\$3.50 per Prelim/Final event
Relays	\$8.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$8 per swimmer
Late Entry Fee	\$5.00/\$7.00 per Individual event/ \$16.00 per relay

SEEDING

The conforming time standard for this meet is short/long course yards. Swimmers will be seeded and swum slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order. The prelim session will be circle seeded. The Finals sessions will consist of an "A" Championship heat and "B" Bonus heat, and will be swum in that order. Events 101 thru 108 will be swum as Timed Final events.

CHECK-IN

Positive check-in is required for events 101 thru 108, Women's and Men's 1000 Free and 1650 Free, and will close at 9 AM, Sunday, Dec. 11, 2011.

SCRATCHES

The North Carolina Scratch rule will be in effect. (NCS Swimming Rules and Regulations 208.3) A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in deck-seeded events that have checked in, must swim the event unless they notify the Hy-Tek Clerk prior to the event being seeded. Failure to swim the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next.

SCORING

All scoring will be on a top twenty (20) place basis.

- Individual events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
- Relay events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2; only 2 relays per gender may score for each team.

AWARDS

Individual events: Medals 1st to 3rd; Ribbons 4th to 8th
Relay events: Ribbons 1st to 3rd

RESULTS

Results will be posted on the NOMAD website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting on Friday, Dec. 9th @ 3:45 PM in the hospitality room located behind the warm pool. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

**OFFICIALS/TIMERS/
VOLUNTEERS**

There will be a need for officials. NOMAD welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held on Friday, Dec. 9th @ 4:30 PM and 30 minutes prior to the start of all other sessions in the hospitality room located behind the warm pool.

**HOSPITALITY/
CONCESSIONS**

There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. Warm-up/Team Lanes will be provided at the pool. General: First 30 minutes will be circle swim only. Specific: Lanes 1&10 will be pace lanes and lanes 2 thru 9 will be race starts from the start end of the pool, one-way swim only and exit at the opposite end of the pool. During the competition, there will be lanes available for continuous warm-up/down in the warm pool. There is to be no diving or horseplay in this area.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. NOMAD Aquatic, NOMAD Aquatics & Fitness, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Friday, Dec. 9, 2011

Timed Finals

Warm-up: 4 PM; Meet Start: 5 PM

Girls/Women	Event	Boys/Men
1	8&U 100 Medley Relay	2
3	Senior 400 IM	4
5	13-14 400 IM	6
7	8&U 100 Free Relay	8
9	11-12 200 IM	10
11	10&U 200 IM	12
13	8&U 25 Free	14
15	Senior 500 Free*	16
17	8&U 25 Back	18
19	13-14 500 Free*	20
21	8&U 25 Breast	22
23	11-12 500 Free*	24
25	8&U 25 Fly	26
27	10&U 200 Free	28

*Swimmers must provide their own counters

Saturday, Dec. 10, 2011

Prelims

Warm-up: 8 AM; Meet Start: 9 AM

Finals

Warm-up: 5 PM; Meet Start: 6 PM

Girls/Women	Event	Boys/Men
29	13-14 200 IM	30
31	Senior 200 IM	32
33	13-14 100 Back	34
35	Senior 100 Back	36
37	13-14 200 Breast	38
39	Senior 200 Breast	40
41	13-14 100 Free	42
43	Senior 100 Free	44
45	13-14 200 Fly	46
47	Senior 200 Fly	48
49	13-14 400 Medley Relay	50
51	Senior 400 Medley Relay	52

Saturday, Dec. 10, 2011
Timed Finals
Warm-up: 12 PM; Meet Start: 1 PM

Girls/Women	Event	Boys/Men
53	10&U 50 Back	54
55	11-12 50 Back	56
57	10&U 100 Free	58
59	11-12 100 Free	60
61	10&U 100 IM	62
63	11-12 100 IM	64
65	10&U 50 Breast	66
67	11-12 50 Breast	68
69	10&U 100 Fly	70
71	11-12 100 Fly	72
73	10&U 200 Medley Relay	74
75	11-12 200 Medley Relay	76

Sunday, Dec. 11, 2011

Prelims
Warm-up: 8 AM; Meet Start: 9 AM

Finals
Warm-up: TBA; Meet Start: TBA

Girls/Women	Event	Boys/Men
77	13-14 200 Free	78
79	Senior 200 Free	80
81	13-14 100 Breast	82
83	Senior 100 Breast	84
85	13-14 200 Back	86
87	Senior 200 Back	88
89	13-14 100 Fly	90
91	Senior 100 Fly	92
93	13-14 50 Free	94
95	Senior 50 Free	96
97	13-14 400 Free Relay	98
99	Senior 400 Free Relay	100
101	13-14 1000 Free*	102
103	Senior 1000 Free*	104
105	13-14 1650 Free*	106
107	Senior 1650 Free*	108

*Swimmers must provide their own counters; positive check-in/timed final events

Sunday, Dec. 11, 2011
Timed Finals
Warm-up: 12 PM; Meet Start: 1 PM

Girls/Women	Event	Boys/Men
109	11-12 200 Free	110
111	10&U 100 Back	112
113	11-12 100 Back	114
115	10&U 50 Free	116
117	11-12 50 Free	118
119	10&U 100 Breast	120
121	11-12 100 Breast	122
123	10&U 50 Fly	124
125	11-12 50 Fly	126
127	10&U 200 Free Relay	128
129	11-12 200 Free Relay	130

**NOMAD Holiday Invite
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to NOMAD Aquatic):

NOMAD Aquatic
ATTN: Leigh (E-mail: leigh@nomadaquatic.com)
13016 Eastfield Road
Huntersville, NC 28078

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries-Timed Finals		\$2.50 per event	
Individual Entries-Prelim/Finals		\$3.50 per event	
Relay Entries		\$8.00 per relay	
Swimmers (NCS Travel Fund & Facility Surcharge)		\$11.00 per swimmer	
BRSL Team Fee	1	\$5.00 per team	\$5.00
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. NOMAD Aquatics, NOMAD Aquatics and Fitness, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE