



The Greensboro Swimming Association
Presents The



54th Annual Eastern Invitational Long Course Championships
Lindley Park Pool, 2914 Springwood Drive, Greensboro, NC 27403
June 26-28, 2009

Sanction: Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction No. NC09015

Sponsors: The City of Greensboro Parks and Recreation Department and The Greensboro Swimming Association.

Facility: The Lindley Park Pool is an outdoor, ten lane, 50 meter course with non-turbulent lane lines and custom starting blocks. **Eight lanes will be used for competition. One lane will be open for continuous warm up and cool down.** The Colorado electronic timing system with scoreboard will be used. Seating for 400 spectators and ample space for team tents is available. Twenty-four hour security will be provided beginning the evening prior to the meet.

Rules: The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NC Official Handbook and NCS Safety Program, except where the rules therein are optional and exceptions are herein stated.

Classification: This is a Senior/Age Group Open Meet.

Eligibility: All swimmers must be registered with USA Swimming. There will be no on deck registration available at this meet. All swimmers must compete in their proper age group with the exception of a twelve-year-old swimmer electing to compete as a senior swimmer. Twelve-year-old swimmers electing to "swim up" must do so for the entire meet. They will be seeded in the 15 & over age group for finals.

Entries: All entries must be in long course times. Entries must be submitted in Hy-Tek Team Manager format. Entry file may be submitted by e-mail to tbrewer441@aol.com. A print out listing the individual swimmers and their events, all other requested information, and payment of entry fees must be submitted for your entry to be considered complete.

All relay only swimmers, including alternates, must be entered on the submitted entry file and pay the NCS travel fund surcharge.

Entry Limit: Swimmers are limited to nine (9) individual events for the meet. Senior swimmers entered in prelims and finals events are further limited to three (3) individual events each day. 12 & under swimmers may swim up to 5 events in one day. A swimmer entered in too many events will be dropped from all over the limit. Swimmers competing in the 13 & over age groups may enter one (1) relay per day.

The meet director reserves the right to limit entries to a maximum of 3500 preliminary/timed final swims or 500 properly registered swimmers or other limits necessary to comply with the NCS 4-hour rule.

Entry Deadline: Midnight, Tuesday, June 16, 2009

Entries are accepted in order of receipt. Entries may be submitted by e-mail as long as the summary sheet, a printed copy of your entry, and payment is received by Friday, June 19th. All teams will be notified by e-mail once entries are received and processed.

Late entries may be accepted at the discretion of the Meet Director. Late entries may not be seeded. We reserve the right to limit or suspend the addition of swimmers or heats to accommodate late entries. Late entries will be charged double fees.

Telephone entries will not be accepted. We will accept calls to correct or modify entries mailed and received prior to the entry deadline.

Entry Fees: \$2.50 for each timed final entry, including the 1500 meter freestyle
\$3.50 for each prelim/final entry.
\$8.00 for each relay event
\$2.00 for each swimmer - NC travel fund (includes relay only swimmers)
\$6.00 facility surcharge per swimmer
Entry fees for late entries are double the normal amount.

Make checks payable to: The Greensboro Swimming Association

Entry fees are non-refundable.

Mail Entries: Tom Brewer
C/O Brewer Equipment Co.
4611 W. Market St.
Greensboro, N. C. 27407
336-292-6737 (office)
336-292-2171 (fax)
email: tbrewer441@aol.com

Order Of Events: All 10 & under and 11-12 age group events will be timed finals. We reserve the right to limit the number of entries in the 11-12 400 meter freestyle events to the 32 fastest swimmers.

Preliminaries and finals will be contested for the 13 & over events except for the 1500 meter freestyle. The 13 & over individual events will be separated into 13-14 and 15 & over age groups for finals. The championship heat will be followed by a consolation heat for each age group.

During preliminaries, the 400-meter individual medley and the 400 meter freestyle will be swum in event order, alternating women to men, fastest to slowest.

We reserve the right to convert the 400 meter individual medley and the 400 meter freestyle to timed final events in order to accommodate all swimmers and maintain a reasonable time line. If we do so, the fastest 32 swimmers in each sex, regardless of age, will swim in the evening session. The remaining contestants will swim in the morning session alternating women to men, fastest to slowest.

The senior 1500 meter freestyle will be a timed final event. This event may be limited to the 32 fastest entrants with the fastest heat competing during evening finals. The three slowest heats will be swum alternating women and men, fastest to slowest at the conclusion of Sunday's preliminary events. This event will not be separated for awards and scoring. We reserve the right to swim the 1500 meter freestyle "two per lane" in order to accommodate the session time line.

All relays are timed finals and those for 13 & over will swim in order during finals on Friday and Saturday. A Sunday morning relay option may be offered if, in the opinion of the meet director, it will not unreasonably delay the start of the Sunday afternoon session.

Breaks: There will be a 5 minute break in the final session on Sunday evening before event #63, senior women's 1500 free and another 5 minute break following event #64, senior men's 1500 free. No other breaks will be scheduled and swimmers are advised to scratch accordingly.

Seeding: All individual events 400 meters or longer and all relays will be decked seeded and a positive check-in with the clerk of course is required to compete. Check-in deadlines are as follows:

<u>EVENT</u>	<u>DEADLINE</u>
13 & over 400 I.M.	8:45 am, Friday
11-12 400 free	Prior to conclusion of Friday PM warmups
13 & over 400 free	8:45 AM, Saturday
13 & over 400 free	8:45 AM, Saturday
Senior 1500 free	Prior to conclusion of Sunday AM warmups
All relays.....	To be announced

Lane cards for relays are to be picked up from the Clerk of Course.

Scratch

Penalties: There is no penalty for failing to compete in a preliminary heat, a timed final heat of 400 meters, or a relay heat except that the event will count toward the swimmer's individual meet limit. Scratches should be submitted to the Clerk of Course 15 minutes prior to the start of each session. A swimmer initially qualifying for a scored championship final or a scored consolation heat who fails to compete shall be barred from competing in his next individual event unless excused by the referee as follows:

- The swimmer notifies the Clerk of Course within 30 minutes after the posting of the qualifiers for that race that he may not compete and further declares his final intention not to compete within 30 minutes following his last individual preliminary event of the day.
- The referee receives and accepts notification of illness or injury.
- The referee determines that failure to compete is caused by circumstances beyond the swimmer's control.

A swimmer, properly checked in, who fails to compete in a deck seeded event will be barred from his next individual event unless properly excused.

Time Schedule:

<u>Morning Preliminaries:</u>	
General Warm-ups	6:30 am to 7:00 am
Specific Warm-ups	7:00 am to 7:20 am
Competition:	7:30 am

<u>Afternoon timed finals:</u>	
General Warm-ups	12:00 pm to 12:30 pm
Specific Warm-ups	12:30 pm to 12:50 pm
Competition:	1:00 pm

<u>Evening finals:</u>	
Warm-ups:	Not before 4:30 PM.
Competition:	One hour after warm-ups begin.

Warm-up procedure may be modified by the Referee on deck to adjust for existing conditions.

Time Trials: Time trials are not allowed at this meet.

Awards:

Individual Awards	1 st – 3 rd place	Medals
	4 th – 8 th place	Ribbons (10 & under, 11-12 & under only)
Relay Awards	1st place	Medals
	2 nd & 3 rd place	Ribbons

Scoring: Individual events will be scored with relays doubled. Points earned by age group swimmers in senior events will count toward each individual's total.

Safety: The NCS safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. Paddles are not permitted during warm-ups.

Membership: All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.

Coaches' Meeting: A coaches' meeting may be held at the end of each Friday warm up session at the referee's discretion.

Officials' Meeting: We welcome all certified USA Swimming officials on deck. Please indicate officials on the entry summary form who may be able to help. Please include name, phone number, e-mail (if available), certification level, and sessions available. An officials' meeting will be held 40 minutes prior to the beginning of each session in the hospitality tent.

Meet Director: Tom Brewer
4611 W. Market St.
Greensboro, NC 27407
336-292-6737 (O) 336-292-2171 (F)
email: tbrewer441@aol.com

Host Coach: Kevin Thornton
Greensboro Swimming Association
GSAswimKT@GSAswim.org , 336-851-2848

Meet Referee: Bill Hensel

Meet Marshal: Kate Walker

We strongly recommend each team assign a marshal to monitor warm-up sessions in addition to host team marshals.

Hospitality: The hospitality tent for officials, coaches, and meet workers will be located on the pool deck.

Concessions: Food and drink will be available at the Greensboro Parks and Recreation Department's concession stand.

Directions: Directions to Lindley Park Pool can be found on GSAswim.org.

Release: USA Swimming, North Carolina Swimming., The Greensboro Swimming Association and the City of Greensboro Parks and Recreation Department shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

**GSA's 54th Annual Eastern Invitational
Long Course Championships**

Order of Events

Friday, June 26, 2008

Morning Prelims and Evening Finals

Prelims: Warm-ups at 6:30 am, competition at 7:30 am
Finals: Warm-ups not before 4:30 PM, competition one hour later

Women	Event	Men
1	13 & Over 200 M Free	2
3	13 & Over 100 M Breast	4
5	13 & Over 100 M Back	6
7	13 & Over 400 M Ind. Medley	8
9	Open/Senior 400 M Medley Relay	10

*Note: Evening individual finals will be separated into 13-14 and 15 & over age groups
Relays will swim during the evening session*

Afternoon Timed Finals

Warm-ups not before 12:00 noon, timed finals one hour later

Women	Entry Time	Event	Entry Time	Men
11		11-12 50 M Free		12
13		10-UN 50 M Free		14
15		11-12 100 M Fly		16
17		10-UN 100 M Fly		18
19		11-12 50 M Breast		20
21		10-UN 50 M Breast		22
23		11-12 400 M Free		24
25		10-UN 400 M Free Relay		26
27		12-UN 400 M Free Relay		28

**GSA's 54th Annual Eastern Invitational
Long Course Championships**

Order of Events

Saturday, June 27, 2008

Morning Prelims and Evening Finals

Prelims: Warm-ups at 6:30 am, competition at 7:30 am
Finals: Warm-ups not before 4:30 PM, competition one hour later

Women	Event	Men
29	13 & Over 200 M Breast	30
31	13 & Over 50 M Free	32
33	13 & Over 200 M Back	34
35	13 & Over 100 M Fly	36
37	13 & Over 400 M Free	38
39	Open/Senior 800 M Free Relay	40

*Note: Evening individual finals will be separated into 13-14 and 15 & over age groups
Relays will swim during the evening session*

Afternoon Timed Finals

Warm-ups not before 12:00 noon, timed finals one hour later

Women	Event	Men
41	10-UN 200 M Free	42
43	11-12 200 M Free	44
45	10-UN 100 M Breast	46
47	11-12 100 M Breast	48
49	10-UN 100 M Back	50
51	11-12 100 M Back	52
53	10-UN 400 M Medley Relay	54
55	12-UN 400 M Medley Relay	56

**GSA's 54th Annual Eastern Invitational
Long Course Championships**

Order of Events

Sunday, June 28, 2009

Morning Prelims and Evening Finals

Prelims: Warm-ups at 6:30 am, competition at 7:30 am
Finals: Warm-ups not before 4:30 PM, competition one hour later

Women	Event	Men
57	13 & Over 100 M Free	58
	5-minute break during finals	
59	Senior 1500 M Free	60
	5-minute break during finals	
61	13 & Over 200 M Ind. Medley	62
63	13 & Over 200 M Fly	64
65	Open/Senior 400 M Free Relay	66

*Note: Evening individual finals will be separated into 13-14 and 15 & over age groups
Relays will swim during the evening session
Fastest heat of events 67 & 68 will compete in finals, others at conclusion of prelims.*

Afternoon Timed Finals

Warm-ups not before 12:00 noon, timed finals one hour later

Women	Event	Men
67	10-UN 50 M Back	68
69	11-12 50 M Back	70
71	10-UN 200 M Ind. Medley	72
73	11-12 200 M Ind. Medley	74
75	10-UN 50 M Fly	76
77	11-12 50 M Fly	78
79	10-UN 100 M Free	80
81	11-12 100 M Free	82
83	10-UN 200 M Free Relay	84
87	12-UN 200 M Free Relay	86

THE GREENSBORO SWIMMING ASSOCIATION

54TH ANNUAL EASTERN INVITATIONAL

JUNE 26-28, 2009

ENTRY SUMMARY AND RELEASE FORM

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
10-UN Boy & Girls- Timed Finals			X	\$2.50	
11-12 Boys & Girls - Timed Finals			X	\$2.50	
1500 Meter Free - Men & Women			X	\$2.50	
13 & Over Women & Men - Prelim/Finals			X	\$3.50	
Relay Only Swimmers					
Total # of Swimmers			X	\$8.00 <small>(\$2.00 NC Travel Charge + \$6.00 Facility Charge)</small>	
Total Relays Entered			X	\$8.00	
Total Fees Due With Entry					

Make Checks Payable to: The Greensboro Swimming Association

Return This Summary Sheet with
Entry Fees and Forms to:

Tom Brewer
Brewer Equipment Co.
4611 W. Market St.
Greensboro, N. C. 27407

Phone (Work) 336-292-6737
(Fax) 336-292-2171
email: tbrewer441@aol.com

Call Letters _____

Coach _____

Team Name _____

Street Address _____

City _____ State _____ Zip Code _____

Phone (Work) (____) _____ - _____

(Home) (____) _____ - _____

(Fax) (____) _____ - _____

email address: _____

Release Statement

USA Swimming, North Carolina Swimming, The Greensboro Swimming Association, Greensboro Parks & Recreation, and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature _____ Date _____

USA Swimming

Application for Sanction

Date: November 30, 2008

I, Tom Brewer _____ apply on behalf of
The Greensboro Swimming Association _____ (ORGANIZATION) for a sanction to hold
Swimming Competition
(SWIMMING COMPETITION, EXHIBITION, SWIM-A-THON, OR CLINIC) at Lindley Park Pool _____
in Greensboro, NC _____ on the day(s) of June 26-28, 2009.

Our sanction fee of \$ 10.00, a copy of the event information and event entry form are attached.

Also included is a complete schedule of lanes and times for all warm-up procedures which must be adhered to by all participants.

As a condition of obtaining such a sanction, I and the above organization, which I represent, agree to abide by and govern this event under the rules and regulations of USA Swimming, and North Carolina Swimming, Inc., and all other terms and conditions upon which this sanction may be granted. These terms specifically include all local rules and regulations and those set forth in Article 202 of the current edition of USA Swimming Rules and Regulations, specific reference to 202.2.6 thereof, which provides that:

In granting this sanction it is understood and agreed that the Corporation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

OFFICIALS: Officials for this meet shall be qualified persons certified by USA Swimming and a list of such officials will be submitted one week prior to the above event, if requested.

Signed: _____, _____
CLUB VICE -PRESIDENT DATE

Signed: _____, 11-30-08
CLUB REPRESENTATIVE DATE

Return Sanction to:	Tom Brewer _____	336-292-6737
Address	4611 W. Market St. _____	PHONE
City/State/Zip	Greensboro, N. C. 27407 _____	336-292 2171
		Return Fax #

MAIL APPLICATION TO:

DO NOT WRITE BELOW THIS LINE

For LSC Use Only

Approved / Not Approved (circle one)	Signed _____
Sanction Number _____	Issued _____
	Date _____

DWM 4/26/96