# HPSC POLAR BEAR INVITATIONAL Senior Development and 12/UNDER BB+, B/C hosted by HIGH POINT SWIM CLUB January 19-20, 2008

SITE: Huntersville Family Fitness & Aquatic Center

11725 Verhoeff Road Huntersville, NC 28078

(704) 766-2222

**HOTEL INFO:** More hotel information to follow.

**SANCTION:** Conducted Under sanction of USA Swimming Inc., issued by North

Carolina Swimming Inc. NCS Sanction # NC08010.

**CLASSIFICATION:** Senior Development and Age Group 12 & Under 'BB' & Faster / 12 &

Under 'B/C' as defined in the NCS handbook.

**FACILITY:** The Huntersville Family Fitness & Aquatics center has a 12,952 square-

foot pool area featuring a 50-meter by 25-yard Paddock Pool Racing tank. The pool depth ranges from 6 feet at the starting end to 17 feet at the far end of the pool with eight 9 foot wide lanes. The pool is equipped with Competitor 4" Racing Lanes and with single pedestal Paddock stainless steel starting platforms. The facility also features a Colorado

5000 timing system and an eight-lane scoreboard. Hy-Tek Meet

Manager software will be used.

NOTE: NO FOOD OR DRINK ALLOWED ON DECK. HOWEVER SWIMMERS MAY HAVE A PLASTIC BOTTLE FOR WATER OR

OTHER SPORTS BEVERAGE.

NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING

**CONCESSION:** Huntersville Family Fitness & Aquatic Center

**PARKING:** Park in the main lot at the front of the Athletic Center. Enter the building

at main entrance only.

**RULES:** Unless otherwise specified, the meet will be conducted in accordance

with the current USA Swimming code and the NCS official handbook and

the NCS safety program.

**ELIGIBILITY:** All swimmers must be registered with USS, Inc.

**ENTRIES:** Complete the summary sheet and attached entry forms or computer

generated forms, showing age as of January 19<sup>th</sup>, 2008.

**Swimmers may enter 5 individual events per day.** This meet will be limited to the first 400 SWIMMERS PER SESSION entered. You will be

notified if the meet is closed.

NOTE: Sessions may be modified to accommodate better competition. Teams will be notified of any changes.

NOTE: The sessions will be modified as needed to accommodate the 4-hour rule.

### **ENTRY DEADLINE:**

The entry deadline is 5PM Tuesday, January 9th, 2008. Late entries MAY be accepted at the discretion of the meet director, but will not be seeded. No FAX entries will be accepted.

### Do not send entries that require signature upon delivery.

Email entries in Hy-Tek format are preferred, but hard copy entry forms (either computer generated or forms included in this meet information), summary sheet and fees must be received by the entry deadline.

#### **ENTRY FEES:**

\$2.00 per individual event.

\$8.00 per relay event.

\$2.00 per Swimmer for the NSC travel fund surcharge.

\$5.00 per Swimmer Facility Surcharge.

Double fees if late entry.

Entry fees must accompany entries and are not refundable.

Make checks payable to: High Point Swim Club

### **MAIL ENTRIES TO:**

Aaron Reeves 3206 Quail Run Dr.

High Point NC 27265

#### **EMAIL ENTIERS**

TO:

meetentries@polarbearswim.org

AWARDS: Ribbons 1st - 8th place for individual events. Events will be awarded as

8&Under, 9/10, 11/12, 13/14 and 15&Over.

#### **Coaches Meeting**

There will be a coaches meeting on Saturday Morning in Hospitality

beginning at 7:15 AM.

#### **Officials Meeting**

There will be an officials meeting in Hospitality on Saturday morning

beginning at 7:45 AM.

### **SAFETY:**

The NCS Safety program is in effect for this meet. Coaches are reminded to closely supervise their swimmers at all times. Failure to comply with safety requests can result in expulsion from the meet.

### **WARM-UPS:**

- Morning session (Senior Development/12 & Under BB and faster)warmups start 7:30; timed finals 8:25.
- Mid session (8 & Under)- warm-ups starting no earlier than 12:00, timed finals start 45 minutes later.
- Afternoon session (12 & Under B/C)- warm-ups starting no earlier than 3:00, timed finals start 45 minutes later

Teams will be assigned lanes for warm and will be notified by email and postings at the pool of lane assignments. Each team will be allowed to run warm up as they wish in their assigned lanes. Warm up must be monitored closely by certified coaches and the NCS warm up guidelines must be followed. Diving will happen from the 50 start end of the pool for all sessions. Diving will not be allowed for any lane during the first ½ of the warm up session.

MEET DIRECTOR: Max Salsbury
MEET REFEREE: Skip Queen
MEET MARSHALL: Aaron Reeves

RELEASE

**STATEMENT:** USA Swimming, Inc., North Carolina Swimming, Inc., High Point Swim

Club and Huntersville Family Fitness & Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by

reason of injuries to anyone during the conduct of this event.

Questions may be directed to 336-887-4772 (club)

### **ORDER OF EVENTS**

### Senior Development and 12 & Under 'BB' & Faster Morning Session Saturday January 19, 2008

### Warm-ups at 7:30 AM Timed Finals at 8:25 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	11& Over 200 Yard Backstroke	2
3	10 & Under 100 Yard IM	4
6	11-12 100 Yard IM	6
7	11 & Over 200 Yard Breaststroke	8
9	10 & Under 200 Yard Freestyle Relay	10
11	11-12 200 Yard Freestyle Relay	12
13	Open 200 Yard Freestyle Relay	14
15	10 & Under 50 Yard Backstroke	16
17	11-12 50 Yard Backstroke	18
19	10 &Under 50 Yard Freestyle	20
21	11-12 50 Yard Freestyle	22
23	13 & Over 50 Yard Freestyle	24
25	10 & Under 100 Yard Butterfly	26
27	11-12 100 Yard Butterfly	28
29	13 & Over 100 Yard Butterfly	30
31	10 & Under 50 Yard Breaststroke	32
33	11-12 50 Yard Breaststroke	34
35	Open 400 Yard IM	36
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### 8 & Under Mid Session, <u>Saturday January 19, 2008</u> Warm-ups not before 12:00 PM -- Timed Finals 45 Minutes Later

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
37	8 & Under 50 Yard Butterfly	38
39	8 & Under 25 Yard Backstroke	40
41	8 & Under 100 Yard Medley Relay	42
43	8 & Under 100 Yard Individual Medley	44
45	8 & Under 25 Yard Breaststroke	46
47	8 & Under 50 Yard Freestyle	48

### 12 & Under 'B/C' Afternoon Session, <u>Saturday January 19, 2008</u> Warm-ups not before 3:00 PM -- Timed Finals 45 Minutes Later

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
49	9-10 100 Yard Freestyle	50
51	11-12 100 Yard Freestyle	52
53	9-10 50 Yard Backstroke	54
55	11-12 50 Yard Backstroke	56
57	9-10 200 Yard Medley Relay	58
59	11-12 200 Yard Medley Relay	60
61	9-10 100 Yard Individual Medley	62
63	11-12 100 Yard Individual Medley	64
65	9-10 100 Yard Butterfly	66
67	11-12 100 Yard Butterfly	68
69	9-10 50 Yard Breaststroke	70
71	11-12 50 Yard Breaststroke	72

### Senior Development and 12 & Under 'BB' & Faster Sunday January 20, 2008

### Morning Session

### Warm-ups at 7:30 AM -- Timed Finals at 8:25 AM

<u>Event</u>	<u>Boys</u>
10 & Under 200 Yard Freestyle	74
11-12 200 Yard Freestyle	76
13 & Over 200 Yard Freestyle	78
10 & Under 200 Yard Medley Relay	80
11/12 200 Yard Medley Relay	82
Open 200 Medley Relay	84
11 & Over 200 Yard Butterfly	86
10 & Under 100 Yard Breaststroke	88
11&12 100 Yard Breaststroke	90
13 & Over 100 Yard Breaststroke	92
10 & Under 100 Yard Freestyle	94
11-12 100 Yard Freestyle	96
13 & Over 100 Yard Freestyle	98
10 & Under 50 Yard Butterfly	100
11/12 50 Yard Butterfly	102
10 & Under 100 Yard Backstroke	104
11-12 100 Yard Backstroke	106
13 & Over 100 Yard Backstroke	108
10 & Under 200 Yard Individual Medley	110
11-12 200 Yard Individual Medley	112
13 & Over 200 Yard Individual Medley	114
Open 500 Yard Freestyle	116
	10 & Under 200 Yard Freestyle 11-12 200 Yard Freestyle 13 & Over 200 Yard Freestyle 10 & Under 200 Yard Medley Relay 11/12 200 Yard Medley Relay Open 200 Medley Relay 11 & Over 200 Yard Butterfly 10 & Under 100 Yard Breaststroke 11&12 100 Yard Breaststroke 13 & Over 100 Yard Breaststroke 10 & Under 100 Yard Freestyle 11-12 100 Yard Freestyle 13 & Over 100 Yard Freestyle 13 & Over 100 Yard Butterfly 10 & Under 50 Yard Butterfly 10 & Under 50 Yard Backstroke 11-12 100 Yard Backstroke 11-12 100 Yard Backstroke 13 & Over 100 Yard Backstroke 11-12 200 Yard Individual Medley 11-12 200 Yard Individual Medley

### 8 & Under Mid Session, <u>Saturday January 20, 2008</u> Warm-ups not before 12:00 PM -- Timed Finals 45 Minutes Later

Girls	Event	Boys
117	8 & Under 25 Yard Freestyle	118
119	8 & Under 50 Yard Backstroke	120
121	8 & Under 100 Yard Free Relay	122
123	8 & Under 100 Yard Freestyle	124
125	8 & Under 25 Yard Butterfly	126
127	8 & Under 50 Yard Breaststroke	128

### 12 & Under 'B/C' Sunday January 20, 2008

### Afternoon Session

### Warm-ups not before 3:00 PM -- Timed Finals 45 Minutes Later

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
129	9-10 50 Yard Freestyle	130
131	11-12 50 Yard Freestyle	132
133	9-10 100 Yard Backstroke	134
135	11-12 100 Yard Backstroke	136
137	9-10 200 Yard Free Relay	138
139	11-12 200 Yard Free Relay	140
141	9-10 200 Yard Freestyle	142
143	11-12 200 Yard Freestyle	144
145	9-10 50 Yard Butterfly	146
147	11-12 50 Yard Butterfly	148
149	9-10 100 Yard Breaststroke	150
151	11-12 100 Yard Breaststroke	152
153	9-10 200 Yard Individual Medley	154
155	11-12 200 yard Individual Medley	156

## Senior Development and 12/UNDER BB+, B/C hosted by HIGH POINT SWIM CLUB January 19-20, 2008

### **ENTRY SUMMARY WORKSHEET**

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
10 & UN Girls - BB & UP Session			X	\$2.00	
10 & UN Boys - BB & UP Session			X	\$2.00	
11-12 Girls - BB & UP Session			X	\$2.00	
11-12 Boys - BB & UP Session			X	\$2.00	
8-UN Girls - Session			Х	\$2.00	
8-UN Boys - Session			Х	\$2.00	
9-10 Girls - B / C Session			Х	\$2.00	
9-10 Boys - B / C Session			Х	\$2.00	
11-12 Girls - B / C Session			Х	\$2.00	
11-12 Boys - B / C Session			Х	\$2.00	
Senior Development Girls  – Session			X	\$2.00	
Senior Development Boys - Session			Х	\$2.00	
Relay Only Swimmers					_
Total # of Swimmers			Х	\$7.00	
Total Relays Entered			Х	\$8.00	
		Total Fe	es	Due With Entry	/

Make Checks Payable to: High Point Swim Club

Return This Summary Sheet with to Aaron Reeves Entry Fees and Forms to: High Point Swim Club 3206 Quail Run Dr High Point NC 27265

Call Letters	E-r	nail Address:		
Coach				
Team Name		Phone (Work) ()		
Street Address		(Home) ()		
Citv	State	Zip Code		