

# DOLE/NORTH CAROLINA RESEARCH CAMPUS 13-14/ SENIOR WINTER INVITATIONAL

## HOSTED BY NEW SOUTH SWIMMING NOVEMBER 30 – DECEMBER 2, 2007

- Sanction:** Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc., Sanction # NC07113
- Sponsor:** Dole Foods and the North Carolina Research Campus, New South Swimming & the Mecklenburg County Aquatic Center
- Site Info:** Mecklenburg County Aquatic Center  
800 East Martin Luther King Jr. Boulevard  
Charlotte, NC 28202-2874  
704-336-3483
- The competition pool is a 50-meter pool divided by 2 bulkheads for use of 2 - 8 lane 25 yd. Pools. Non turbulent lane lines and Paragon starting blocks. Minimum depth is 6 ft. at scoreboard end and 13 ft. at the deep end. Seating for 1000 people with ample parking areas within 100 yds. of facility. Colorado 5000 electronic timing system with scoreboard will be used.
- Rules:** The meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.
- Classifications:** 13-14 girls, 13-14 boys, Senior Women, Senior Men. The 2006 NAG Time standards are in effect for this meet. This is a Senior Circuit meet. Swimmers must have achieved a 13-14 "AA" time in two (2) different strokes to swim. A swimmer must have achieved the 13-14 "AA" time to enter the 1650 freestyle.
- Eligibility:** All swimmers must be registered members of USA Swimming Inc.
- Entries:** Submit entries on Hy-tek software. The disk entries will take precedence over printed copy in case of discrepancies. Submit both disc and hard copy of team entries. All computer entries must be accompanied by a hard copy of the entire entry along with a completed entry summary sheet. Please list each swimmer's age as of November 30, 2007.
- All entries manual or computer generated, must include the following forms:
1. Official Summary Sheet
  2. Payment of fees
- Entry Limit:** Eight (8) individual events and up to two (2) relays in the 3-day period. A swimmer may swim a maximum of only three (3) individual events in one (1) day. We reserve the right to limit the 1650 yd. Freestyle to the top 32 female and top 32 male swimmers. Coaches will be notified by November 23, 2007 if the 1650 yd. Freestyle will be limited.

- Entry Deadline:** **Entries must be received by Wednesday November 21, 2007.** Please return entries as soon as possible. Late entries will be accepted at the discretion of the Meet Director. Late entries will be charged **DOUBLE** the entry fee. **NO** telephone/fax entries will be accepted.
- Entry Fees:** \$2.25 per individual event in-state swimmers  
 \$2.50 per individual event out-of-state swimmers  
 \$2.00 per swimmer for the NCS Travel Fund  
 \$5.00 per swimmer Facility Surcharge  
 \$8.00 per relay  
 Make checks payable to New South Swimming. **Entries will not be accepted unless accompanied by the entry fee.** **Entry fees are non-refundable.**
- Mail Entries to:** Jamie Thomas  
 P O Box 32001  
 Charlotte, NC 28232  
 (704) 542 - 7017  
[JThomas2146@carolina.rr.com](mailto:JThomas2146@carolina.rr.com)
- Order of Events:** See attachments. Friday's events will be timed finals with the exception of the 50 Freestyle. The 50 Freestyle will be a prelims/finals event with the finals being swum after the Senior Men's 500 Yd. Freestyle. Saturday and Sunday's events will be swum as prelims/finals.
- Format:** Friday's events will be timed finals except for the 50 Freestyle (see above, Order of Events). Saturday and Sunday's events will be swum as prelims in the morning and finals in the evening. Prelims will be swum with all the same gender (i.e., 13-14 girls and Senior Girls, 13-14 boys and Senior Men) swimming the event. The event finals' events will be separated out into the appropriate age group and gender. There will be a consolation (B) heat and a championship (A) heat swum in all events with the championship (A) heat swimming first. All relays will be swum as timed finals in the evening session, except that coaches may elect to swim the 400 yd freestyle relay at the end of Sunday's prelims session.
- Scratches:** The North Carolina scratch rule will be in effect for this meet. A swimmer qualifying to swim in the B or A (consolation final) final race based upon the results of the preliminaries must notify the referee within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete. Failure of an individual to compete in the final race of the individual event will result in the competitor being barred from further competition for the remainder of the meet.
- Time Schedule:** Friday: Warm-up - 4:30 - 5:50 PM Swimming - 6:00 PM  
 Saturday: Prelims - Warm-up - 7:00 - 8:20 AM Swimming - 8:30 AM  
 Finals - Warm-up - 5:00 - 5:50 PM Swimming - 6:00 PM  
 Sunday: Prelims - 7:00 - 8:20 AM Swimming - 8:30 AM  
 Finals: - Warm-up will not begin before 4:00 PM
- Warm-up:** In accordance with USA Swimming guidelines, there will be a strict warm-up procedure. It will be followed by all swimmers and coaches attending the meet. The Meet Director will establish and announce the procedure prior to the start of warm-ups. All teams are expected to have at least one (1) certified coach on the deck to monitor their swimmers. The teaching pool will be available for warm-up and warm-down each session except during Saturday prelims when the lanes

between the two courses will be available. Each coach is responsible for monitoring his/her team's activities in this area. There will be **NO DIVING OR HORSEPLAY IN THIS AREA.**

- Check In Procedure:** The 400 Yd. IM and the 1650 Yd. Freestyle will be a positive check-in event. In the 1650 Yd. Freestyle, the fastest eight (8) women and men will be swum during Sunday's finals. The remaining swimmers will swim at the conclusion of Sunday's prelims. Meet management reserves the right to adjust the number of swimmers in the 1650 depending on the time line of Sunday's prelims. Check in will be located in the Clerk of Course and should be completed 30 minutes prior to the conclusion of warm-up. Relay cards will be required for all relays, listing the swimmers' name and order of swimmers, and should be turned in on Saturday prior to the conclusion of to meet management 30 minutes prior to the conclusion of event T8, Boys Senior 100 yd Backstroke, and on Sunday, 30 minutes prior to the conclusion of warm-up if the relay is being swum during morning preliminaries, and if the relay is being swum in the evening, prior to the start of the 1650 freestyle.
- Scoring:** The meet will be scored.  
A (final): 20-17-16-15-14-13-12-11  
B (consolations): 9-7-6-5-4-3-2-1  
Individual point values will be doubled for relays.
- Awards:** Plaques for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place teams.
- Meet Director:** Barb Frith  
(704) 333-4705  
[pfrith@carolina.rr.com](mailto:pfrith@carolina.rr.com)
- Host Coach:** Jamie Thomas  
(704) 542-7017
- Coaches Meeting** If necessary, a coaches meeting will be held on Friday afternoon after the conclusion of warm-up and prior to the start of competition. An announcement will be made during warm-up if a meeting will be held.
- Meet Referee:** Marty Fehr
- Officials' Meeting:** An officials' briefing will be held in the hospitality suite 45 minutes prior to the start of each competition session.
- Meet Marshall:** Dan Thilo
- Safety:** The NCS Safety Program is in effect for this meet. Coaches are advised to supervise their swimmers at **ALL** times. **NO** running or horseplay will be tolerated. Failure to comply with safety requests may result in expulsion from the meet.
- Hospitality:** Will be provided for coaches and officials in the classroom.
- Concessions:** Food and drink will be for sale in MCAC snack bar.
- Coaches/Parents:** **NO** food or drink in the pool area. **NO COOLERS WILL BE ALLOWED IN THE POOL AREA. NO GLASS.**
- Maps, Motels and** See attached information. Reservations should be made as soon as possible.

**Restaurants:**

**Liability Release:** USA Swimming, Inc., North Carolina Swimming, Inc., Dole Foods, Inc, the North Carolina Research Campus, New South Swimming and the Mecklenburg County Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**Officials/Volunteers:** NSS welcomes the assistance of certified officials from the visiting teams. To volunteer, contact the Meet Director or Meet Referee in advance or when you arrive. It is also being asked that each team provide assistance with timing  
SWIMMERS WILL NEED TO PROVIDE THEIR OWN TIMERS FOR THE  
400 IM AND 1650 FREE, AND COUNTERS, IF DESIRED, FOR THE 1650  
FREE

# ORDER OF EVENTS

## Dole/North Carolina Research Campus

### 13-14/Senior Winter Invitational

Hosted by

**New South Swimming**

November 30 – December 2, 2007

#### Friday PM Session

WARM-UP: 4:00 PM

START: 5:30 PM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	13-14 50 Yd. Freestyle	2
3	Senior 50 Yd. Freestyle	4
5	* 13-14 200 Yd. Individual Medley	6
7	* Senior 200 Yd. Individual Medley	8
9	* 13-14 500 Yd. Freestyle	10
11	* Senior 500 Yd. Freestyle	12

**\* TIMED FINALS EVENT**

#### Saturday AM Session

WARM-UP: 7:00 AM

START: 8:30 AM

T1	13-14 200 Yd. Freestyle Senior 200 Yd. Freestyle	T2
T3	13-14 100 Yd. Butterfly Senior 100 Yd. Butterfly	T4
T5	13-14 200 Yd. Breaststroke Senior 200 Yd. Breaststroke	T6
T7	13-14 100 Yd. Backstroke Senior 100 Yd. Backstroke	T8
T9	13-14 400 Yd. Individual Medley Senior 400 Yd. Individual Medley	T10

**POSITIVE CHECK-IN REQUIRED FOR THE 400 YD. INDIVIDUAL MEDLEY**

#### Saturday PM Session

WARM-UP: 5:00 PM

START: 6:00 PM

13	13-14 200 Yd. Freestyle	14
15	Senior 200 Yd. Freestyle	16
17	13-14 100 Yd. Butterfly	18
19	Senior 100 Yd. Butterfly	20
21	13-14 200 Yd. Breaststroke	22
23	Senior 200 Yd. Breaststroke	24
25	13-14 100 Yd. Backstroke	26
27	Senior 100 Yd. Backstroke	28
29	13-14 400 Yd. Individual Medley	30
31	Senior 400 Yd. Individual Medley	32
33	13-14 400 Yd. Medley Relay	34
35	Senior 400 Yd. Medley Relay	36

# ORDER OF EVENTS

## Dole/North Carolina Research Campus

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November 30-December 2, 2007

#### Sunday AM Session

WARM-UP: 7:00 AM

START: 8:30 AM

T11	13-14 200 Yd. Butterfly Senior 200 Yd. Butterfly	T12
T13	13-14 100 Yd. Freestyle Senior 100 Yd. Freestyle	T14
T15	13-14 100 Yd. Breaststroke Senior 100 Yd. Breaststroke	T16
T17	13-14 200 Yd. Backstroke Senior 200 Yd. Backstroke	T18
45,47	13-14/Senior 1650 Yd. Freestyle	46,48

#### **POSITIVE CHECK-IN REQUIRED FOR THE 1650 YD. FREESTYLE**

The 1650 Yd. Freestyle will be swum at the end of Sundays AM session and may be limited to the 32 fastest women and men. The 8 fastest women and men will swim during Sunday's finals. Meet management reserves the right to adjust the number of swimmers in the 1650 depending on the time line of Sunday's prelims.

#### Sunday PM Session

WARM-UP: NOT BEFORE 4:00 PM

START: NOT BEFORE 5:00 PM

37	13-14 200 Yd. Butterfly	38
39	Senior 200 Yd. Butterfly	40
41	13-14 100 Yd. Freestyle	42
43	Senior 100 Yd. Freestyle	44
45,47	13-14/Senior 1650 Yd. Freestyle	46,48
49	13-14 100 Yd. Breaststroke	50
51	Senior 100 Yd. Breaststroke	52
53	13-14 200 Yd. Backstroke	54
55	Senior 200 Yd. Backstroke	56
57	13-14 400 Yd. Freestyle Relay	58
59	Senior 400 Yd. Freestyle Relay	60

Coaches may elect to swim 400 Yd. Freestyle Relay during Sunday Prelims, prior to the start of the 1650 Freestyle.

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13-14/SENIOR WINTER INVITATIONAL  
HOSTED BY  
NEW SOUTH SWIMMING**

**NOVEMBER 30-DECEMBER 2, 2007**

CLUB NAME \_\_\_\_\_ CLUB CODE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

HEAD COACH \_\_\_\_\_ HOME NUMBER \_\_\_\_\_

WORK NUMBER \_\_\_\_\_

ASS'T COACH(ES) \_\_\_\_\_

All coaches identified above are currently registered as coaches with USA Swimming, Inc. and are responsible for the swimmers entered in this meet entry during the conduct of the meet.

Signature \_\_\_\_\_ Date \_\_\_\_\_

ENTRY DEADLINE: RECEIVED BY WEDNESDAY NOVEMBER 21, 2007

MAIL ENTRIES TO: NEW SOUTH SWIMMING  
P.O. Box 32001  
Charlotte, NC 28232

**ENTRY FEE SUMMARY**

Number of Individual Entries (In-state)	_____	X \$2.25 ea. =	_____
Number of Individual Entries (Out-of-state)	_____	X \$2.50 ea. =	_____
Number of Relay Entries	_____	X \$8.00 ea. =	_____
Travel Fund (All Swimmers)	_____	X \$2.00 ea. =	_____
Facility Surcharge	_____	X \$5.00 ea. =	_____
Total			_____

**MAKE CHECKS PAYABLE TO NEW SOUTH SWIMMING**

USA Swimming, Inc., North Carolina Swimming, Inc., New South Swimming, Dole Foods, the North Carolina Research Campus, the Mecklenburg County Aquatic Center and the Mecklenburg County Parks and Recreation shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## **HOTEL INFORMATION**

A block of 50 rooms has been reserved at the:

Blake Hotel  
555 S. McDowell St.  
Charlotte, NC 28202  
704-372-4100

Call 1-88.66.HOTEL for reservations.

The rate is \$89 per night; please mention Code Number 1130 and New South Swimming in order to receive this special rate.

PLEASE MAKE YOUR RESERVATIONS BY:

**FRIDAY, NOVEMBER 2**

IN ORDER TO RECEIVE THIS RATE!