



2016 Eastern Section Southern Zone Age Group Championships March 10-13, 2016

Host Club:

Southern Crescent Aquatic Team (www.scatswimming.org) & Buzz Swimming
P.O. Box 2243
Peachtree City, GA 30369

Sanctioned by:

Georgia Swimming Inc. (www.gaswim.org)
Meet Sanction Number:
Time Trial Sanction Number:

Meet Referee:

Stu Hixon (smhixon@aol.com)

Administrative Referee:

Mindy Fryman

Officials Contact:

Stu Hixon (smhixon@aol.com)

Meet Director:

Cathy Copeland (copega@comcast.net)

Meet Entries:

Cathy Copeland (copega@comcast.net)

Facility:

Campus Recreation Center (CRC)
Georgia Tech McAuley Aquatic Center
750 Ferst Drive NW
Atlanta, GA 30332
404-385-7529

The 1,900-seat main stadium contains a competition pool and dive pool. The competition pool is 50 meters by 10 lanes, with two movable bulkheads so that courses can be set up for 25 yards or 50 meters. It also features a movable floor which can be set from zero depth to seven feet, eight inches. The pool also features built in Omega timing with reaction timed starting blocks

The competition course has been certified in accordance with 104.2.2C(4) and a copy of such certification is on file with Georgia Swimming and USA Swimming.

The Georgia Tech Aquatic Center does not allow chairs in front of the spectator bleachers or emergency exits.

Spectators are not allowed on the pool deck at any time. Only credentialed coaches, officials, and volunteers will be permitted on the pool deck. Security will be posted to enforce this policy. Thank you for your cooperation.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

Parking:

Paid onsite parking is available.

Rules:

- The current USA Swimming Rules and Regulations will govern the conduct of the meet. Out of state athletes and coaches should be prepared to show proof of USAS membership and Zone Membership.
- Positive check-in will be required for all deck-seeded events, which are the 500 Free, 1000 Free 1650 Free, and the 400 IM.
- Swimmers will be responsible for swimming in their assigned heats and lanes.
- The Meet Referee may elect to change and/or combine heats and/or events, determine the need to do dive-over starts, and determine the need to use two pools during competition. Every reasonable effort will be made to notify teams of any changes.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **"Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged."**
- Any swimmer not planning to swim at night in finals must scratch with the Admin Referee within 30 minutes after the results are announced so those swimmers who would like to swim again may do so. The penalty for failure to show in a championship final or consolation final is disqualification from the remainder of the meet (USA Swimming Rule 206.5.9). Swimmers who have indicated that they may scratch ("intent to scratch") must confirm the scratch within 30 minutes after the conclusion of their last individual event of the day. Any positively checked-in swimmer missing a deck-seeded event will be barred from their next individual event. There is no penalty for not swimming in a non-deck-seeded preliminary event.

Warm Up:

In accordance with USA Swimming guidelines, there will be a published warm up procedure for all swimmers and coaches attending the meet. The marshalls will ensure all teams, coaches and swimmers follow all warm up procedures. Meet management reserves the right to change warm up times according to the number of entries.

Eligibility:

Open to members of the Eastern Section of the Southern Zone, its clubs and swimmers registered with USA Swimming who are in good standing with the Eastern Section. All USA Swimming registered clubs in the following LSCs are eligible to become members of the Eastern Section: Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Southeastern and West Virginia. All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to the entry deadline. There will be no on-deck registration. Out-of-State teams should be prepared to provide proof of Zone membership and current USA Swimming membership of each swimmer entered. A swimmer not previously entered wishing to late enter the meet via deck entry must present proof of USA Swimming membership.

Time Standards:

- All swimmers must have met the meet time standards either for short course yards, long course meters or short course meters in EACH event entered. Qualifying period is 18 months prior to the meet start. Swimmers will be seeded in the following order: SCY, LCM, SCM. Qualifying times for all events must have been achieved by the entry due date.

Entry Limit:

- Swimmers may compete in no more than three (3) individual events per day including time trial events. Swimmers are further limited to (8) individual events for the meet.
- Any swimmer that competes in more events than their daily limit will be disqualified from the last event(s) of that day.
- Each team may enter any number of relays; however, a maximum of two (2) relays per team can score and a relay must achieve the qualifying standard to score.

Entry Format:

- Hy-Tek Meet Manager software will be used, so please submit entries via Hy-Tek Entry File. Entries must include each swimmer's first and last name, age, seed times for each event entered, and their USA Swimming registration number.
- Relay-only swimmers must be entered with all other participants for the purpose of verifying USA Swimming registration.
- **Swimmers and Teams cannot participate until their entries are complete. Entries are considered complete when both the Email and Mail submissions are received as described below.**
- Confirmation emails will be sent to each team upon receipt of their email and mail submissions.

Email Submission (Step 1)

- Entries should be emailed to the host team. The email must include 1) the Hy-Tek Entry File, 2) a Word format version of those same Hy-Tek entries, and 3) a list of all attending coaches with their and the team's contact information for confirmation of receipt and any and all additional correspondence and meet announcements.
- Errors in entries submitted are the responsibility of the applicant.
- **Email entries should be submitted to: copega@comcast.net by March 3, 2016**

Mail Submission (Step 2)

- Before entries are considered complete, the following items must also be received by the host team; 1) a completed and signed Entry Summary and Liability Release Form, 2) full payment of meet entry fees, and 3) a signed hard copy of the entries.
- Mail to:

**Age Group Sectional Meet Entries
c/o Cathy Copeland
100 Grouse Point
Fayetteville, GA 30215**

Please waive signature for overnight deliveries; USPS EXPRESS MAIL is highly recommended.

Entry Deadline:

All entries must be received by 10:00 PM, Thursday, March 3, 2016.

On March 4, 2016 a Psych Sheet will be posted on the SCAT website (www.scatswimming.org).

Teams revised entries and changes will be accepted until 10:00 PM on Sunday, March 6 and shall be sent in by a new complete team, revised Hy-tek entry file. The previously sent file will be discarded.

Entry Fees:

- \$10.00 per individual event, \$15.00 per relay, \$10.00 per time trial, and \$20.00 per swimmer facility surcharge.
- Late entries will be double.
- Make checks payable to "Southern Crescent Aquatic Team or SCAT".

Late Entries:

- **After 10:00 PM Sunday, March 6, 2016 no changes or late entries will be accepted until Clerk of Course is open at the meet.**
- At the meet, please see the Clerk of Course.
- Late entries will be processed on a first-come/first-served basis if empty lanes are available, will be seeded with the qualifying time for the event, and may not appear in the heat sheet. No additional heats will be created for late entries.
- Late entries may be accepted at the meet until 30 minutes prior to start of the session with payment in cash.
- Late entered swimmers must present proof of USA Swimming registration to the Clerk of Course.
- Any changes or entries received after the entry deadline will be charged on a late entry basis, which is double the on-time entry fee, and will be \$20.00 per individual event and \$30.00 per relay.
- There will be NO on-deck swimmer registration.

Format:

The order of events is shown in "Order of Events" and may be downloaded in Hy-Tek form from the Southern Crescent Aquatic Team website, www.scatswimming.org.

All 11-14 events will be contested in two courses with the odd heats being run in the diving well end (Pool A) and the even heats being run in the scoreboard end (Pool B).

All 10 & under events will swim in ONE Pool. (Diving well end)

10 & Under

– All events will be conducted as timed finals and will swim in the afternoon session.

500 Free: This is a deck seeded event. Positive check-in is required. Timed final event swum fastest to slowest alternating girls/ boys unless 2 pools are being used.

11-12 Events:

200 Back, 200 Breast, 200 Fly will be conducted as a timed final event during prelims, with the fastest heat (10 girls, 10 boys) swimming during finals.

500 Free will be conducted as a timed final event during prelims, swum fastest to slowest. Fastest heat (10 girls, 10 boys) will swim during finals. Swimmers need to provide their own counter. No AM/PM option. Positive Check in required and then deck seeded.

400 IM will be conducted as a timed final event swum fastest to slowest. Positive Check in required and then deck seeded.

13-14 Events:

500 Free and 400 IM will be conducted as Prelim/ Final events. Preliminaries will be swum fastest to slowest.

1000 Free (11-14): Will be contested as a time final event and swum combined 11-14, but scored separately (11-12 & 13-14). Event will be swum fastest to slowest. Positive Check in required and then deck seeded.

1650 Free (11-14): Event will be swum fastest to slowest with the fastest heat (10 girls & 10 boys regardless of age) swimming during finals. No AM/PM option will be available. Two pools will be used: **Girls will swim in pool B (scoreboard end) and the boys will swim in pool A (diving well end)**. Positive Check in required by 5:30pm on Saturday and then deck seeded.

Finals: There will be an A Championship Final and a B Consolation Final for all prelim/final events. The B final will precede the A final. A finalists are invited to the Ready Room 5 minutes before their event for parading. B finalists should report to the blocks.

Relays

– All relays will be conducted as timed final events.

Disabled Swimmers

- Coaches for teams with disabled swimmers competing must notify the Meet Referee at the coaches meeting.
- Disabled swimmers are eligible to compete in the 50, 100, and 200-yard events. They will swim the 50% during the 100 yard events, 100% during the 200 events, and 200% during the 400 events. The swimmers will swim in their correct age groups. The following events will be offered: 50 and 100 Free, Breast, Back, and Fly. The 200 Free will be offered during the 500 Free, and the 200 IM will be offered during the 400 IM.
- All disabled swimmers must meet the Emerging Qualifying Time in their classification to participate in the meet. Time standards for qualifying are on the U.S. Paralympics website (<http://www.usparalympics.org/pages/409>)

Seeding

- All events, including relays, will be pre-seeded with the exception of the 500 Free, 1000 Free, 1650 Free and the 400 IM. These events will be deck-seeded, requiring a positive check-in at the Clerk of Course according to the times shown in the Check-in.
- Any swimmer entered with a time slower than the qualifying time for that event as shown in the Qualifying Times, including the NT, will be seeded with the qualifying time for that event.
- The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order. There will be no course conversion for this meet.

Proof of Times:

- Swimmers who do not equal or better the applicable Eastern Section Southern Zone Age Group Championship time standards in any event at the Championship meet must be able to prove that they have previously achieved the qualifying time. Swimmers unable to provide proof-of-time will be assessed a \$25 fine for each event they cannot provide. Proof of times is due May 1, 2016. Fines are doubled to \$50 per occurrence regardless of provability after May 1, 2016. The only acceptable proof-of-time will be official meet results from a USA Swimming sanctioned or approved competition. In the event a swimmer does not pay this fine, neither the swimmer nor the swimmer's team will be eligible to enter future Eastern Section Southern Zone Championships until such time as the fee is paid. Teams with outstanding fines should come prepared to pay prior to participation in the meet. Fines will be deposited with no further need of proofs from those previous meet. All fines collected go to the ESSZ Travel Fund.
- Proof of times may include those times achieved during either short course yard events (SCY) or long course meter events (LCM) during the eligibility period (see "Qualifying Times" and "Eligibility"). Long course meter equivalent events include: 400-meter Free / 500-yard Free, 800-meter Free / 1000-yard Free, and 1500-meter Free / 1650-yard Free.
- The SWIMS database will be the sole source document used to verify proof of time for this meet.
- Proof of times is not required for relays.

Time Trials:

- Time trials will be offered to any swimmer with a legitimate chance at achieving Sectional or National Championship qualifying times.
- Time trials will be planned for immediately after the completion of the morning sessions.
- Time trial events will count against the swimmer's daily entry limit.
- Time trial events may be combined at the discretion of the Meet Referee. Backstroke events will not be combined with forward start events.
- Swimmers must sign up for time trial events with the Clerk of Course according to the times shown in "Check-in" for the day on which they will be contested.
- Time trials shall be contested as follows: Friday events = A, Saturday events = B, Sunday events = C.

Friday order of time trial events = A, then B, then C

Saturday order of time trial events = B, then C, then A

Sunday order of time trial events = C, then A, then B

Scoring:

- Individual events will be scored to 10 places in each age division and gender. Relays will be scored as Top 10. Two (2) relays per team can score. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event.
- Individual Events: 11-9-8-7-6-5-4-3-2-1
Relay Events: 22-18-16-14-12-10-8-6-4-2

Awards:

- INDIVIDUAL EVENTS: Medals will be awarded in each individual event for places 1st through 10th.
- RELAYS: Medals will be awarded in each relay event for places 1st through 3rd.
- HIGH POINT: An Award will be presented to the top individual scorer in each gender and age group (10 & Un, 11, 12, 13, 14).
- TEAM AWARDS: Plaques for 1st through 6th place teams.
- Any awards not picked up at the conclusion of the meet will be shipped at the request of that team **C.O.D.** Please remember to pick up your swimmer's awards at the end of the meet to avoid incurring shipping charges.

Coaches:

- Coaches must sign in with the Clerk of Course and show their current 2016 USA Swimming coach's registration card.
- All coaches planning to be on the pool deck must have a valid coach's card from their LSC. If a coach does not have their current card, proof of current certification can be obtained by going to "Deck Pass" at www.usaswimming.org.
- Any coach not having current certification will be barred from the pool deck; no exceptions will be made. Copies of the certification, faxes, and letters stating CPR/First Aid/STFSC are up to date will not be considered.
- Coaches must display their credentials while on the pool deck and in hospitality.

Schedule:

Georgia Swimming warm-up procedures and rules will be posted and must be followed. Lane assignments and warm-up times will be posted at the pool.

Thursday

- Evening: Warm Up: 3:00 - 4:15PM Competition: 4:30 PM

Friday

- Morning: Warm-up: 7:30 ó 8:45 AM Competition: 9:00 AM

- Afternoon: Warm up: 1:00 - 1:45 PM Competition: 2:00 PM

- Evening: Warm-up: 5:00ó 5:45 PM Competition: 6:00 PM

Saturday

- Morning: Warm-up: 7:30 ó 8:45 AM Competition: 9:00 AM

- Afternoon Warm-up 1:00 --1:45PM Competition 2:00PM

- Evening: Warm-up: 5:00 ó 5:45 PM Competition: 6:00 PM

Sunday

- Morning: Warm-up: 7:30 ó 8:45 AM Competition: 9:00 AM

- Afternoon Warm-up: 1:00 ó 1:45PM Competition 2:00PM

- Evening: Warm-up: 5:00 ó 5:45 PM Competition: 6:00 PM

Check-in Schedule:

A positive check-in, located at the clerk of course, will be required for the following events:

1650 Free, 1000 Free, 500 Free & 400 IM.

Swimmers must check in by the deadline listed in the "Check in Schedule" or they will NOT be seeded into the event. Any swimmer who checks in and is seeded into the event and fails to compete in the event will be barred from his/her next individual event.

Thursday Evening

- 800 Free Relay cards due 3:30 PM

- Positive check in for the 11-12 400 IM and the 11-14 1000 Free 3:45PM

Friday Morning

- Positive check in for the 13-14 400 IM 8:15 AM

- Relay cards due for 11-12 200 Free Relay & 13-14 400 Free Relay 9:30 AM

Saturday Morning

- Positive check in for the 11-14 500 Free 8:15 AM

- Relay cards due for 11-12 200 Medley Relay & 13-14 400 Medley Relay 8:15 AM

Saturday Afternoon

- Positive check in for the 10 & Under 500 Free 2:00 PM

- Relay cards due for the 10 & Under 200 Medley Relay 2:00 PM

- **Positive check in for the 11-14 1650 Free 5:30 PM**

Sunday Afternoon

- Relay cards due for the 10 & Under 200 Free Relay 2:00 PM

General Meeting

The General Meeting will be held Thursday, March 12, 2015, at 3:30 PM in Hospitality. At least one coach from each team should attend since coaches are responsible for any and all information discussed and disseminated at the meeting.

Subsequent meetings will be arranged if needed.

Heat Sheets

Each team will receive one heat sheet for each coach listed on their -Entry Summary and Liability Release Form provided they check-in at the Clerk of Course and present their current USA Swimming membership card.

Supervision

A current coach member of USA Swimming must supervise each swimmer participating in this meet during warm-up and competition. An athlete not escorted by a current coach member must check-in with the Meet Referee upon arrival at the meet. Such athletes will be assigned a member coach who will supervise him/her during warm-up and competition.

Officials:

- Southern Crescent Aquatic Team (SCAT) welcomes visiting officials and appreciates their help in conducting this event. Officials and apprentices must sign in with the Meet Referee (or designee) and show their current USA Swimming registration card and LSC certification card prior to the required officials meeting, which will be held approximately one hour before the start of each session.
- Officials or apprentices requesting certain positions may contact the Meet Referee as early as possible prior to the meet. Note that apprenticing as a Starter will not be allowed at this meet.
- For all preliminary sessions, the uniform for all officials is white collared shirt, navy blue slacks or shorts (or skirts for women), and white tennis/deck shoes. For all finals sessions, the uniform shall be the same as for the preliminary sessions except shorts are not allowed.
- Officials must display their credentials while on the pool deck and in hospitality.

Parents and Spectators:

Parents and spectators should not be on the pool deck in areas designated for coaches and officials. Persons serving in a volunteer capacity may be in these areas.

Liability:

USA Swimming, Inc., Georgia Swimming, Inc., Georgia Tech Aquatic Center, and Southern Crescent Aquatic Team, shall be free from any liability or claims arising by reason of injury to anyone during the conduct of the meet.

Volunteers:

Any persons/groups wishing to volunteer should contact the Volunteer Coordinator: Cathy Copeland (copeg@comcast.net)

Concessions:

There will be concessions for purchase.

Hospitality:

There will be a complimentary hospitality area for coaches and officials.

Attachments:

The Qualifying Times, Order of Events, Directions and the Entry Summary and Liability Release Form are attached. Visit the Southern Crescent Aquatic Team website (www.scatswimming.org) for hotel information.

Directions:

The Campus Recreation Center's address is: **750 Ferst Drive, Atlanta, GA 30332**. If you have any questions about directions, please call us at 404-385-PLAY. **From the North**

Travel South on I-75/85. Exit at North Avenue. Turn right. Continue on North to Cherry Street (immediately before 2nd light) and turn right. Turn left at the stop sign onto Ferst Drive. Go through the light at Regents Drive. The Campus Recreation Center will be on your left. Visitor parking is available in parking lot number 3 on Ferst Drive for \$0.75 per half hour.

Alternative Directions heading southbound on I-75: Exit at Howell Mill/Northside Drive Exit. Follow the exit ramp past Howell Mill and exit at Northside Drive. Turn right onto Northside Drive and stay on it as you pass 17th Street, 14th Street, and 10th Street. After the 10th Street intersection, veer to the left at the fork in the road onto Tech Parkway. At the first light turn left onto Regents Drive. Take an immediate left at the next light onto Ferst Drive. The Campus Recreation Center will be on your left. Visitor parking is available in parking lot number 3 on Ferst Drive for \$0.75 per half hour.

From the South

Travel North on I-75/85. Exit at West Peachtree/Spring Street. Turn left at 2nd light on West Peachtree. Turn left at the first light onto North Avenue. Continue on North Avenue over the interstate to Cherry Street (immediately before 2nd light) and turn right. Turn left at the stop sign onto Ferst Drive. Go through the light at Regents Drive. The Campus Recreation Center will be on your left. Visitor parking is available in parking lot number 3 on Ferst Drive for \$0.75 per half hour.

From 10th Street

Turn South on Hemphill Avenue. When Hemphill ends at Ferst Drive, turn right and follow Ferst Drive. The Campus Recreation Center will be on your right. Visitor parking is available in parking lot number 3 on Ferst Drive for \$0.75 per half hour.

From Midtown

Take 5th Street from Midtown Atlanta (accessible from West Peachtree St. or Spring St.) across the interstate onto campus where 5th Street becomes Ferst Drive. Follow Ferst Drive around campus. After the stop sign at Hemphill Avenue, the Campus Recreation Center will be on your right. Visitor parking is available in parking lot number 3 on Ferst Drive for \$0.75 per half hour.

From Northside Drive (from the Georgia Dome)

Head North on Northside Drive. Turn right onto North Avenue. Follow North Avenue under the bridge and turn left onto Tech Parkway at the stoplight (the Coca-Cola building will be on your right). Follow Tech Parkway to the next stoplight and turn right. Then make an immediate left onto Ferst Drive. The Campus Recreation Center will be on your left. Visitor parking is available in parking lot number 3 on Ferst Drive for \$0.75 per half hour.

Order of Events

Thursday, March 10, 2016

Warm Up 3:00 PM / Session start 4:30 PM

Session 1: Timed Finals

GIRLS	EVENT	BOYS
1	13-14 800 Free Relay	2
3	*11-12 400 IM	4
5	#11-14 1000 Free	6

*: This is a deck-seeded event requiring positive check-in (see "Check-in"). This event will be contested as a timed final. All heats will be contested during prelims, swum fastest to slowest. Odd heats will swim in Pool A (diving well) and Even heats will swim in Pool B (scoreboard end).

#: This is a deck seeded event requiring positive check in. This event will be contested as a timed final event but scored separately (11-12, 13-14). All heats will be contested during prelims, swum fastest to slowest. Odd heats will swim in Pool A (diving well) and Even heats will swim in Pool B (scoreboard end).

Friday, March 11, 2016

Session 2: Morning Prelims - Warm up 7:30 AM / Session Start 9:00 AM

GIRLS	EVENT	BOYS
7	11-12 200 Free	8
9	13-14 200 Free	10
11	11-12 100 Breast	12
13	13-14 100 Breast	14
15	11-12 50 Fly	16
17	13-14 100 Fly	18
19	11-12 100 IM	20
21	13-14 400 IM	22
23	11-12 200 Back (Fastest heat during finals)	24
25	13-14 400 Free Relay	26
27	11-12 200 Free Relay	28

Session 3: 10 & Under Time Final - Warm up 1:00 PM/ Session starts 2:00 PM

GIRLS	EVENT	BOYS
29	10 & Under 200 Free	30
31	10 & Under 100 Breast	32
33	10 & Under 50 Fly	34
35	10 & Under 100 IM	36

Session 4: Finals

Warm up 5:00 PM / Session Start 6:00 PM

GIRLS	EVENT	BOYS
7	11-12 200 Free	8
9	13-14 200 Free	10
11	11-12 100 Breast	12
13	13-14 100 Breast	14
15	11-12 50 Fly	16
17	13-14 100 Fly	18
19	11-12 100 IM	20
21	13-14 400 IM	22
23	11-12 200 Back (Fastest Heat)	24

Saturday, March 12, 2016

Session 5: Morning Prelims - Warm up 7:30 AM / Session Start 9:00 AM

GIRLS	EVENT	BOYS
37	11-12 100 Fly	38
39	13-14 200 Fly	40
41	11-12 100 Free	42
43	13-14 50 Free	44
45	11-12 50 Breast	46
47	13-14 200 Breast	48
49	11-12 50 Back	50
51	13-14 100 Back	52
53	*11-12 500 Free (fastest heat during finals)	54
55	*13-14 500 Free	56
57	11-12 200 Medley Relay	58
59	13-14 400 Medley Relay	60

* - Positive Check In required, deck seeded event.

Session 6: 10 & Under Time Final - Warm up 1:00 / Session Start 2:00 PM

GIRLS	EVENT	BOYS
61	10 & Under 100 Fly	62
63	10 & Under 100 Free	64
65	10 & Under 50 Back	66
67	*10 & Under 500 Free	68
69	10 & Under 200 Medley Relay	70

* - Positive Check In required, deck seeded event.

Session 7: Finals Warm up 5:00 PM / Session Start 6:00 PM

GIRLS	EVENT	BOYS
37	11-12 100 Fly	38
39	13-14 200 Fly	40
41	11-12 100 Free	42
43	13-14 50 Free	44
45	11-12 50 Breast	46
47	13-14 200 Breast	48
49	11-12 50 Back	50
51	13-14 100 Back	52
53	11-12 500 Free (Fastest Heat)	54
55	13-14 500 Free	56

Sunday, March 13, 2016

Session 8: Morning Prelims - Warm up 7:30 AM / Session Start 9:00 AM

GIRLS	EVENT	BOYS
71	11-12 200 Fly (Fastest Heat during finals)	72
73	13-14 100 Free	74
75	11-12 50 Free	76
77	11-12 200 Breast (Fastest Heat during finals)	78
79	13-14 200 Back	80
81	11-12 100 Back	82
83	13-14 200 IM	84
85	11-12 200 IM	86
87	*11-14 1650 Free (Fastest Heat during finals)	88

* - Positive Check In required, deck seeded event.

Session 9: 10 & Under Time Final - Warm up 1:00 / Session Start 2:00 PM

GIRLS	EVENT	BOYS
89	10 & Under 50 Free	90
91	10 & Under 50 Breast	92
93	10 & Under 100 Back	94
95	10 & Under 200 IM	96
97	10 & Under 200 Free Relay	98

Session 10: Finals Warm up 5:00 / Session Start 6:00 PM

GIRLS	EVENT	BOYS
71	11-12 200 Fly (Fastest Heat)	72
73	13-14 100 Free	74
75	11-12 50 Free	76
87	GIRLS 11-14 1650 Free (Fastest Heat)	
77	11-12 200 Breast (Fastest Heat)	78
79	13-14 200 Back	80
81	11-12 100 Back	82
	BOYS 11-14 1650 Free (Fastest Heat)	88
83	13-14 200 IM	84
85	11-12 200 IM	86

Entry Summary and Liability Release Form

2015 Eastern Section Southern Zone Age Group Championships

March 10-13, 2016

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Phone _____ Home _____ Email _____

All coaches from your team present at the meet, must be listed

Coach _____ Coach _____

Coach _____ Coach _____

Coach _____ Coach _____

For entry problems call or email _____

Total individual events _____ X \$10.00 = \$ _____

Total relay events _____ X \$15.00 = \$ _____

Facility surcharge per swimmer _____ X \$20.00 = \$ _____

Total fees submitted \$ _____

Submit one check payable to “Southern Crescent Aquatic Team”

Entries must be received on or before 8:00 PM, Thursday, March 3, 2016

Mail entries to: **Age Group Sectional Meet Entries**
c/o Cathy Copeland
100 Grouse Point
Fayetteville, GA 30215

Email entries to: copega@comcast.net

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

The Georgia Tech Aquatic Center, Southern Crescent Aquatic Team, Georgia Swimming, Inc. and United States Swimming, Inc., its agents, employees and coaches shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet.

 Signature/Title

**2016 Eastern Section of the Southern Zone
Age Group Sectional Championship
TIME STANDARDS**

Event	Course	Female			Male		
		10U	11-12	13-14	10U	11-12	13-14
50 Fr	SCY	30.69	27.79	26.19	30.69	27.49	24.59
	LCM	34.29	31.09	29.29	34.59	30.69	27.49
100 Fr	SCY	1:07.49	59.89	56.59	1:07.69	59.99	53.19
	LCM	1:15.19	1:06.89	1:03.19	1:15.59	1:06.99	59.39
200 Fr	SCY	2:29.09	2:10.19	2:02.29	2:25.59	2:09.99	1:54.69
	LCM	2:46.49	2:25.39	2:16.49	2:42.49	2:25.09	2:08.09
500 Fr	SCY	6:31.39	5:43.99	5:24.99	6:36.19	5:45.69	5:12.09
400 Fr	LCM	5:49.49	5:07.19	4:50.19	5:53.79	5:08.69	4:38.69
1000 Fr	SCY		11:50.99	11:15.49		11:45.99	10:48.49
800 Fr	LCM		10:50.99	10:03.19		10:45.99	9:39.09
1650 Fr	SCY		19:59.99	19:01.59		19:59.99	18:26.99
1500 Fr	LCM		20:20.99	19:18.29		20:20.99	18:43.19
50 Bk							
50 Bk	SCY	36.19	31.79		36.39	32.09	
	LCM	40.39	35.49		40.69	35.89	
100 Bk	SCY	1:18.29	1:08.69	1:03.89	1:18.09	1:09.29	1:00.49
	LCM	1:27.39	1:16.69	1:11.39	1:27.19	1:17.39	1:07.59
200 Bk	SCY		2:29.19	2:17.49		2:29.69	2:10.79
	LCM		2:46.59	2:33.49		2:47.09	2:25.99
50 Br							
50 Br	SCY	40.09	36.19		40.59	35.79	
	LCM	44.79	40.39		45.39	39.99	
100 Br	SCY	1:28.89	1:18.29	1:13.09	1:28.99	1:17.69	1:09.29
	LCM	1:39.29	1:27.39	1:21.59	1:39.39	1:26.79	1:17.39
200 Br	SCY		2:51.19	2:37.69		2:49.39	2:29.79
	LCM		3:11.09	2:55.99		3:09.09	2:47.19
50 Fl							
50 Fl	SCY	34.29	30.49		34.89	30.89	
	LCM	38.29	34.09		38.99	34.49	
100 Fl	SCY	1:21.49	1:08.49	1:03.29	1:20.79	1:08.99	59.69
	LCM	1:30.99	1:16.49	1:10.69	1:30.19	1:17.09	1:06.69
200 Fl	SCY		2:37.79	2:22.19		2:34.99	2:16.09
	LCM		2:56.19	2:39.69		2:52.99	2:31.89
100 IM							
100 IM	SCY	1:18.39	1:08.69		1:18.09	1:09.19	
	LCM						
200 IM	SCY	2:48.19	2:27.69	2:19.49	2:47.69	2:29.79	2:11.79
	LCM	3:07.79	2:44.89	2:35.69	3:07.19	2:47.19	2:27.09
400 IM	SCY		5:11.89	4:52.39		5:23.69	4:39.09
	LCM		5:48.09	5:26.39		6:01.29	5:11.49

GEORGIA SWIMMING INC. SCRATCH RULE

The Scratch Rule to be used in all Georgia LSC sanctioned meets where the meet format includes preliminary heats, consolation finals and finals, is the "Scratch Rule" as found under Administrative Conduct of USA Swimming Championships, subsection Scratch Procedures, subsections Scratching from finals and Exceptions for failure to compete, of the current USA Swimming Rules and Regulations. An excerpt is provided below.

Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

Exceptions for failure to compete:

No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Unless otherwise stated in the final sanctioned Meet Information: the following Georgia LSC additions listed below apply to all timed final meets as well as all preliminary/finals meets.

1. Swimmers that qualify for any final heats as announced in the meet information will also be subject to these rules.
2. In all deck seeded events (1), a swimmer who has been checked in either personally or by a team coach, has been seeded and then fails to compete in said event, shall be barred from his or her next individual event, except as noted in Exceptions for failure to compete above. This rule only applies to timed-final events where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for a particular deck-seeded event as specifically stated in the meet announcement.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. Qualifiers for all finals heats are those as identified on the originally posted results of the preliminary heats. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. A Positive check-in procedure shall be used for all deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmer's name on the official entry sheet posted at the Clerk of Course. Failure to check in shall be considered to indicate that the swimmer will not compete.
8. In cases where changes to the USAS rules cause conflict with the Georgia LSC additions, USAS rules shall take precedence.

(1) Interpretation: The change clarifies the intent of the rule. If there are no limits placed on the number of swimmers in the deck seeded event then there is no penalty for a no-show in that event; given that no swimmer was impacted by the no-show and everyone that wanted to swim got to swim. If a limit is placed on a deck seeded event (e.g. the fastest 30 swimmers), then a no-show could cause the exclusion of the 31st fastest swimmer from competing and would result in a penalty against the no-show swimmer.